

Spring Knolls News

Murrieta, CA

October 2026

October: A time for budget crunching, bargain hunting

Whenver October arrives, our two grandchildren are back in school, our son Joshua's September birthday has been celebrated and the biggest realization is a new year is fast approaching. Halloween decorations are springing up, the days are cooling and getting shorter. The signs are everywhere!

The last few months of 2026 also have significance for your board. You'd think we'd be slowing down, but we're actually gearing up, and have been for months

We're crunching numbers for
See **SK president**, page 2



Sandy Vollmer
SK president

Still time to sign up for a Spring Knolls board seat and help lead our community

The 2027 Spring Knolls election process is well underway.

By the time you're reading this, if you're an owner, you've already received the second letter regarding the election process and the reminder of the General Meeting on Saturday, Oct. 17.

The General Meeting is a time when board candidates can introduce themselves to you. It also will be the final time when attendees can nominate candidates or even themselves, if they have not already applied.

Currently, there are four open seats for the nine-member board. If no more than four candidates are nominated, those who have been will be approved by acclamation at the November board meeting and no election will be held.

Candidate application forms are available by contacting **Chris Heilbron**, Nominating Committee Chair, at 951 805-6376 or you can pick up an application from literature holders under the

See **Board elections**, page 3



General meeting at a glance ...

When: 1 p.m. , Oct. 17

Where: Spring Knolls Clubhouse, Eaker Hall.

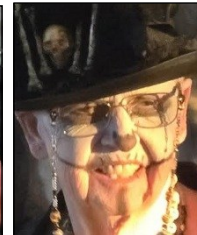
Who: Spring Knolls board, and owners

What: Introduction of 2027 board candidates, final nominations. Budget review and analysis.

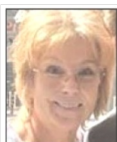
What'sInside?

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READY TO 'BOO'GIE ON OCT. 31? / P 4



2026 Board of Directors



President:
Sandy Vollmer
951 319-6749



Vice President/Architectural
Jan Towers
951 616-4443



*Secretary / Senior Advocate /
program administrator*
Holli Hanson
661 972-0799



Treasurer:
Sharon Kilpatrick
951 285-7800



Director: Rules, Regs, Policies
Shawnee Miller
951 677-6862



Director: Residency data & Fobs
Candy Lee
951 239-0669



Director: Facilities, Streets
Debby Adelhelm
760 717-9876



Director: Common Grounds
Charlene Kirkwood
951 348-0042



Director: Compliance
Vicki Duffy
951 901-9412

Board Support Leaders

- *Spring Knolls Emergency Response Team (SKERT)*, **Alan Hanson**, 714 493-1709
- *Facility Manager*: **Lisa McKinney**, 951 212-8781. **Suzie Cortina**, **Cindy Fenton**.
- *Bookkeeper*: **Kim Eaton**, 951 677-6862
- *Board Support*: **Roberta Jiron**, 951 834-2076; **Lynda Miller**, 951 454-9910.
- *Library Coordinator*, **Karen Jacobs**, 951 265-6292
- *Spring Knolls News*: **Ted Vollmer** 951 319-6749; tscjnews@gmail.com
- *Spring Knolls Booster Club president* **Debby Adelhelm**, 760 717-9876

SK President ...

From page 1

next year's budget, examining cost-of-living increases, reviewing notifications of other increases like for utilities; landscaping and other contracts; as well as evaluating and prioritizing facility repairs as recommended by our Facilities Director and Reserve Committee.

And at the heart of it all is analyzing budget needs for 2027.

Along with the analysis comes the big question: How many dollars does Spring Knolls need to keep our facility and community going?

You may think we take this process lightly, but we don't. Please never forget that we're unpaid volunteers who also live in this community. So, any approved dues increase that may be approved after our number crunching also impacts us and our families. We're not outsiders, and we work hard to ensure that we don't have to hire a management firm because our volunteer pool is thin.

Which brings me to another important element, our board elec-

tions. If you're planning to run for the Board, you need to get your application in. Please see the front page article on the Election and General Meeting.

On a lighter note, although the summer BBQs have ended, the Booster Club has planned a number of special events. The first, on Friday, Oct. 9 and Saturday, Oct. 10 is the annual 2nd Hand Treasure Sale, which includes a plant sale and bake sale. This is a popular Knolls event and you can buy desserts and treats for the holidays. And another favorite area is the plant sale, with dozens of greeneries at low prices.

Thanks again, to many residents who donated pots, plants and spray paint to make this year's third plant sale extra special. Potato salad containers from the BBQs are cleaned, holes drilled and spray painted for plant containers.

Closing out October is the Halloween Party on Saturday, Oct. 31. Lots of costumes, great food and outstanding decorations. Check Dorothy Vaughn's article on page 4.

And there's more to come, stay tuned.

Spring Knolls Board report for Sept. 16, 2026

Approved: Welcome Committee formation. Headed by Bette Endresen, this committee meets with new Spring Knolls residents to answer their questions and acquaint them to the community.

Treasurer's report: The budget analysis for 2027 is ongoing. Determination of a dues increase has not been finalized, although a dues increase is expected. As of Aug. 31, 2026: Total bank accounts **\$634,387.77**. Total operating funds **\$214,638.47**. Operating/checking expenses **\$232,625.16**. Reserve expenses **\$160,975.85**. Reserve funds **\$419,749.30**. If you have questions regarding the finances, as an owner, you're welcome to come to the office on Fridays, 9:30 a.m. to noon; or you can contact Treasurer **Sharon Kilpatrick at 951 285-7800** for information.

The board's next meeting is 5 p.m. Oct. 21, 2026, in the Library.

Board election ...

From page 1

bulletin boards outside the office door.

The application form is a quick and easy way for our Board to check to make sure you meet the qualifications: membership (owners only) and you're in good standing.

Spring Knolls is managed by an elected volunteer board. If you're on the board, as a director you're responsible for an area to manage, such as the clubhouse facility, landscaping, streets, architecture (monitoring homeowners' projects). If you have any questions about these areas, you can contact current board members for answers.

There are also the officers of the Board (president, vice president, secretary and treasurer).

When you run for the Board, you're running to be a director. The positions of responsibility as well as the officers are determined by the newly elected Board after the new board is formally announced at



the Annual Meeting on Saturday, Jan. 9, 2027.

Serving on the board is service to your community. Your time and energy helping to manage this community is vital if we're to avoid hiring a management company. A great expense that would significantly raise everyone's dues.

If you don't feel you can commit to a Board position, perhaps you would consider serving as a support leader in an area you have experience in and/or interest in. Support Leaders help as there are needs and as they have time available. In whatever way you can assist would be helpful. Spring Knolls has so far avoided hiring a management company due to the ongoing supply of volunteers coming forward to serve. Let's keep it going!

Trash pickups shift to Fridays, on Oct. 2

Starting this week, residents of the three Knolls communities will have their trash picked up on Fridays, according to Waste Management.

Notices were sent to homes over the past week, and the change from Thursdays to Fridays for all three services — regular, organic waste and recyclables was attributed to Murrieta's population growth and new traffic patterns. Changes will occur only in areas where residents received notices. WM asks that



your trash barrels be placed at the curbs by 6 a.m. on Fridays.

During weeks when a holiday falls on a weekday rather than the weekend, trash will be picked up on Saturdays, instead of Fridays.

Know your elected representatives:



City Councilwoman **Cindy Warren**
1 Town Square, Murrieta, 92562
951 461-6016
cwarren@MurrietaCA.gov



Supervisor: **Chuck Washington**
37600 Sky Canyon Drive #505
Murrieta, CA 92563
951 955-1030



Governor: **Gavin Newsom**:
1303 10th St., Suite 1173
Sacramento, CA 95814
916 445-2841



State Senate: **Kelly Seyarto**
1021 O Street, Suite 6720,
Sacramento, CA 95814-4900;
916 651-4032

District Office: 25186 Hancock Ave., Suite 320, Murrieta, CA 92562; **951 894-3530**



State Assembly: **Kate Sanchez**
P.O. Box 942849, Sacramento, 94249; **916 319-2071**

District Office: 41391 Kalmia St., Suite 220, Murrieta, CA 92562; **951 894-5053**



U.S. Senate: **Adam Schiff**
SD B40 Dirksen Senate Office Bldg., Washington, DC 20510
202 224-3841



U.S. Senate: **Alex Padilla**
B03 Russell Senate Office Bldg. Washington, D.C. 20510
202 224-3553

600 B St., San Diego, Ste 22405



U.S. House: **Darrell Issa**
2300 Rayburn Office Building Washington, DC 20515
202 225-5672

District Office: 4100 Main St. Temecula, CA 92590
(760) 340-7575

Treasures, goodies, plants usher in October delights

Our 2nd Hand Treasure, Bake and Plant Sale is Oct. 9 & 10. Lots of donations have already come in, but



Dorothy Vaughn
Boosters VP

there's plenty of room for more. If you have forgotten or unused treasures that you'd like to donate, bring them down to the clubhouse.

Or, if you need someone to pick them up,

give Ted Vollmer a call at 951 319-6749 and he'll swing by. He's already picked up a couple loads and is willing to help if you call. (No large items or electronics.) This event is always fun for us – and you – and everyone wins!

Weeks later, on Halloween Night, Oct. 31, is our costume party. Tickets (pre-paid; sorry no tickets at the door) are \$15 for dinner and dancing

from 5 to 9 p.m. Cash prizes for best costumes. (Costumes optional). Call me at 951 696-0871 or Debbie at 760 717-9876 for tickets.

Meanwhile, our Veterans Day luncheon will be at noon, Nov. 10. It's free to any Knolls veteran and a guest. If you're new to the Knolls or haven't attended one of these luncheons, call me at 951 696-0871 or Jan at 951 616-4443.

HAPPY BIRTHDAY!

Debbie Adelhelm
Victoria Alsafaol
Leonard Assenberg
Jack Awad
Alan Benoit
Dixie Baird
Rae Baker
Donna Bielski
Evangeline Cabrera
William Carter
Rachel Castillo
Humberto Chavez
Esther Clausen
Betty Clugston
Sandy Coberly
Pat Collins
Linda Condry
Dolores Coons
Joan Christian
Marc davidson
Elizabeth DuBose
Myrtha De Leon

Dennis Dillon
Connie Donahue
Cesar Drago
Ruth Drago
Bill Eadson
Cecil Edwards
Francoise Elias
Tim Ellis
Roberta Geodes
Barbara Gilman
Eileen Guenther
Abe Gurman
Arnon Gurman
Alyson Gutierrez
Candice Gutierrez
Holli Hanson
Michael Hanson
Jennie Hartnett
John Hewitt
Ollie Hubbard
Libby Hurlich
Bernil Ignacio

Susan Jeannette
Margaret Johnston
Kym Joseph
Kimberly Kennard
Esther Klausen
Darlene Lovell
Chuck Ludwa
Bernadette Maietta
Julio Martinez
Gerald McDougale
Shelly Moon
Frank Morgan
Bonnie Morris
Hiram Negrete
Kathy Nesselroad
Teresa Oliva
Teresa Perez
Sunny Prohovsky
Manuel Ramos
Martha Reina
Deborah Reynolds

Ready to 'Boo'gie?



What: Boosters Halloween Party/dance & dinner. Costumes optional.

When: 5-9 p.m. Oct. 31.

Where: Eaker Hall, Spring Knolls

Who: Open to all Knolls units.

Tickets: \$15, includes dinner, dessert, dancing, costume cash prizes.

Contact: Call Dorothy at 951 696-0871 or Debbie at 760 717-9876 for tickets. No tickets at the door.



Jerry & Joyce Scruggs
Gary & Glenda White

Dennis Applegate
Oct.1949-Oct. 2024
Via Playa del Rey

Warren Bryant
July 1935 - Oct.2025
Via Alegre

Delaine Hack
Oct.1950-Aug. 2023
Via Playa Del Rey

Teresa L. McCollum
Sept.1955-Oct. 2021
Via Princesa

James L. Oddie
Feb. 1926-Oct. 2020
Via Playa del Rey

Terri Scheele
Dec.1935-Oct. 2017
Calle de la Paz

Glenda Sue Benson
June 1949-Oct. 2015
Via El Avion

Jacinto Martos
Nov. 1937-Oct. 2015
Calle de la Siesta

Treasures / Bake / Plant sale a week away, Oct. 9 & 10

The Spring Knolls Boosters are readying their annual 2nd Hand Treasures / Plant / Bake Sale for Oct. 9 and 10, and you can still help!

If you have any items you'd like to donate, please bring them to the Clubhouse, or call **Ted Vollmer at 951 319-6749** and arrange to have them picked up. The Boosters will accept nearly anything, except large furniture or electronic devices. The two-day sale (from 8 a.m. to 2 p.m. both days) will feature clothing, shoes, bedding, art work, kitchenware, tools, small appliances and other

items as well as home-made desserts and a variety of plants at low prices.

Also, between 1 and 4 p.m. on Oct 10, a Salvation Army truck will park at the clubhouse to load any unsold items. Residents may bring items from home for the Salvation Army and will receive a tax receipt. The organization seeks items to be resold at its thrift stores including housewares, clothing, bikes, furniture, lamps, artwork, purses, baggage, games, etc. Proceeds from the two-day sale will benefit Booster events and programs.



Photos by Ted Vollmer, Spring Knolls News

Murrieta fire station event offers Wildfire preparation, survival, insurance advice

Murrieta Mayor Jon Levell and Assembly woman Kate Sanchez hosted a public fire prevention event Sept. 21 at Fire Station #4.

Several Fire Department and other officials offered information on issues ranging from insurance, home-safety and evacuation preparation and power shut offs.

Fire Department PIO Dawn Morrison spoke about emergency web-



Alan Hanson
SKERT chair

sites such as (Watch Duty, Genasys, Aware CA, and AlertRivCo) and the differences between them.

Fire Chief Bernie Malloy and recently appointed Fire Marshal James Gillespie spoke about new extraction equipment, the upcoming evacuation plan updates, what the city is doing about the land it owns, how to clear out brush and how the department will with your community's assessment.

Laura Blaul, of the Insurance Institute for Business and Home Safety (IBHS), had information on recently implemented Zone O requirements on how to harden your home, and how the IBHS will help evaluate your home. She also discussed how "wind-driven building-to-building wildfire spread" can affect homes in the event of a fire.

A Southern California Edison official spoke about Public Safety

Power Shutoffs (PSPS) and when they will be implemented during wild fires while crews examine areas where downed power lines may

SKERT Wildfire Fair, Nov 14

SKERT will be holding its third annual Wildfire Fair from 10 a.m. to noon, Saturday, Nov. 14. (Includes lunch).

In addition to some of the presenters at the Sept. 21 Murrieta Fire event, we'll also have some "never been seen" Fire Department personnel.

Lastly, we'll discuss our 3rd renewal of the Firewise designation. We'll also be holding a SKERT membership drive. More event details will be included in the November *Spring Knolls News*.

—Alan Hanson

spark new fires. They also gave us info on medical and baseline assistance for those low-income and/or handicapped residents. SCE also said it has programs on how to obtain a loaner generator or back-up battery for in the event of an emergency.

How does all this affect you? If you harden your home (and hopefully you've already done it), that is the first step in the process (and a good example to your neighbors).

Also, please consider joining SKERT, the SKA Emergency Response Team. It takes a village to make real change and we need you!



SUMMER HOURS OVER: Starting Thursday, Oct 1, the clubhouse grounds and pools will shift to **9 a.m. to 6 p.m.** until Nov. 1, when winter hours kick in and hours will be from **9 a.m. to 5 p.m.** The shift reflects a desire to reduce staffing hours when fewer people use the facility.

THAT'S NOT ALL. Also, at 2 a.m. Nov. 1, Daylight Savings Time ends. Set your clocks *back* one hour. Daylight Savings Time returns on March 14, 2027 at 2 a.m. when you set clocks *ahead* one hour.



SPEAKING OF HOURS: Due to the Boosters 2nd Hand Treasures, Bake and Plant sale on Oct. 9 & 10, various Eaker Hall events such as the Chair Exercise classes and the Prayer Group will not be meeting during the week of Oct. 5.

FOBS: While nearly 300 residents have picked up their fobs to access the new security gate system, dozens of you still have not. Please see Fob Administrator **Candy Lee** at the Spring Knolls office on Fridays, from 9:30 a.m. to noon to get your fobs. The old fobs are no longer operable and won't allow you inside the four security gates.



OTHER GOODIES: Now that it's getting darker, it's a good idea if you're seen by drivers on dark nights. Here's a reminder that you can get free reflector stickers for yourself and pets, as well as a free whistle to scare roaming coyotes at the board office on Fridays from 9:30 a.m. to noon.

FREE BOOKS: Many free paper back books outside the Eaker Hall/Library have been removed and the remaining ones reshelfed in alphabetical order by author. Please help us keep our collection rotating by helping yourself to as many paperbacks as you'd like, and keeping them.

Veterans Day lunch Nov. 10

The Spring Knolls Boosters invite all U.S. veterans living in the three Knolls units to a special luncheon in their honor, with a guest, on Nov. 10 in Spring Knolls' Eaker Hall.

If you are a veteran and have not attended a previous luncheon, please contact **Dorothy Vaughn** at 951 696-0871 or **Jan Towers** at 951 616-4443.



Health Matters

Fight high prices, stay healthy, all at the same time Planning, wise choices, variety can stretch your grocery budget

By Vicki Duffy

SK News Health writer

I'm not sure how everyone else feels, but it can be frustrating to watch your grocery bill climb while trying to make healthy choices. Sometimes it even seems like the least expensive foods are the least healthy.

Plan ahead, shop smart: I've discovered, however, that healthy eating doesn't have to mean spending a fortune. If you plan ahead and use a few smart shopping habits, you can nourish your body within your budget.

As we get older, proper nutrition becomes even more important. Our bodies need good-quality protein to help maintain muscle strength, support healing, and protect our immune systems. We also need foods rich in fiber, vitamins, minerals, and healthy fats to support our heart, bones, brain, and digestive system. Give yourself these nutritional building blocks to stay active, independent, and ready to enjoy life.

Before shopping review what's in your pantry, refrigerator and freezer. Then make a list to avoid impulse purchases and waste. Also, don't shop when hungry; everything looks good on an empty stomach!

Inexpensive choices: Don't overlook frozen fruits and vegetables. They're picked at peak ripeness, frozen quickly to preserve nutrients, often cost less than fresh produce, and last much longer. They're a wonderful way to add fruits and vegetables to your meals without worrying about them spoiling before you can use them.

Protein doesn't have to come from expensive meat. Eggs are a great nutritional bargain as are beans, lentils, peanut butter, canned tuna or salmon, cottage cheese, and plain Greek yogurt. If chicken or lean beef go on sale, consider buying extra to freeze for future meals.

Store brands are another saver. In many cases, the quality is very similar to the name-brand product, but the price is much lower. Compare the per ounce or per serving price to help you find the best value.

Simple foods are often the healthiest and most economical. Oatmeal, brown rice, potatoes, sweet potatoes, dried beans, seasonal fruits, and vegetables can provide



Vicki Duffy

excellent nutrition within your budget. A hearty vegetable soup, bean chili, or chicken & vegetable casserole can provide many inexpensive meals.

Leftovers & Variety: Also, make good use of leftovers. Extra chicken can become chicken salad or soup the next day. Add leftover vegetables to omelets or a pot of soup. Freezing leftovers in small portions also provides convenient meals. Throwing out spoiled food is like throwing out money. I try to use everything I buy.

One of my favorite money-saving strategies is to grill or bake several chicken breasts at one time. I season or marinate them differently so each has its own flavor profile. One night we may have Italian herb chicken, another night barbecue, and another with a teriyaki or lemon pepper flavor. With cooked chicken ready to go you can quickly prepare a healthy meal and avoid eating the same boring chicken all week!

Finally, don't forget hydration. Water is still the healthiest and least expensive beverage. As we age, our sense of thirst often decreases, making it easy to become mildly dehydrated. Drinking enough water throughout the day boosts energy levels and supports digestion.

Budget-Friendly — and Healthy — Meal Ideas

- ◆ Chicken, brown rice, frozen vegetables – A balanced meal that can be prepared in large batches for several days.
- ◆ Vegetable omelet with whole wheat toast. A high protein breakfast or dinner that's quick and inexpensive.
- ◆ Hearty bean soup or chili – Packed with protein and fiber, and even better the next day. I put leftovers in mason jars and freeze.
- ◆ Turkey or chicken tacos – Use lean ground meat, black beans, lettuce, tomatoes, and a sprinkle of cheese.
- ◆ Baked sweet potato topped with black beans and salsa.
- ◆ Tuna salad served on whole grain bread or with crackers.
- ◆ Stir-fry with leftover chicken, frozen vegetables, brown rice.
- ◆ Homemade vegetable soup from leftover vegetables.
- ◆ Slow cooker chicken and vegetable stew – An easy “set it and forget it” meal that provides leftovers for several days.
- ◆ Oatmeal topped with banana, cinnamon, and a spoonful of peanut butter – An inexpensive breakfast high in fiber and protein.

—Vicki Duffy, a Spring Knolls Association director, is also a 25-year nursing veteran and nursing instructor.

the Knolls page

Spring Knolls, Warm Spring Knolls, Golf Knolls

Halloween's blast includes all Knolls units



Photos by Ted Vollmer, [Spring Knolls News](#)

Three games left to cheer on the Broncos

The Vista Murrieta High School football team invites residents of the three Knolls communities to their home Varsity football games. And it's all free!



A bus will pick you up at the Unit 2 Clubhouse at about 5:30 p.m. on the nights of the games (see schedule) and head to Vista Murrieta High, where you'll be escorted to great seats, and served a meal

while cheering on Vista Murrieta players.

After the game, you'll return by bus to the Unit 2 Clubhouse (about 9:30 p.m.).

If interested call **Paul Dashner** at 760 702-7553 or **Chris Dashner** at 562 867-0175.

Here the remaining home games:

- ♦ Oct. 1, 7 p.m. (Thurs.) v Centennial HS
- ♦ Oct. 9, 7 p.m. (Fri.) v Murrieta Mesa HS
- ♦ Oct. 29 7:30 p.m. (Thurs.) v Chaparral HS

What's on Tap in the Knolls?



The Golf Knolls Fall Craft Fair is from 9 a.m. to 2 p.m. **Oct. 3** in the **Golf Knolls Club House** for all Knolls units. Call Jane at **951 763-9676** if you'd like to have a table for hand-crafted items.



The Spring Knolls Boosters annual **2nd Hand Treasures / Plant / Bake sale** is **Oct. 9 & 10** from 8 a.m. to 2 p.m. in Eaker Hall. All Knolls residents are invited.



Open to all Knolls units, the Spring Knolls Boosters' popular **Halloween Dinner/Dance** will be held this year from 5-9 p.m. Oct. 31 in Eaker Hall. \$15 per person for dinner. Costumes optional, but cash prizes for the best. Advance tickets only. **Dorothy** at **951 696-0871** or **Debbie** at **760 717-9876** for tickets.



By Bette Endresen, Spring Knolls News Welcome writer

John & Darla Gonzalez, 28799 Via Roja

John and Darla were primarily raised in Oceanside, CA.

They recently moved from The Colony in Murrieta.

John has had three careers: starting with Von's Grocery management, Hostess Cakes and nine years teaching Adult Tran-

sition at Temecula Valley Unified School District, where he also coached tennis for 21 years. Darla graduated from Oceanside College of Beauty, worked as a hairdresser for 40 years and now owns a salon in the Colony. They have 2 children and 1 grandchild. They both enjoy bicycling. Darla plays pickleball and tennis. John plays tennis but also throws pottery and teaches pottery classes.

If you're new to the community, please call me at 951 212-5000 so we can Welcome you to Spring Knolls.

Spring Knolls Free Classifieds



VARIOUS ITEMS FOR SALE: Neck massager, \$20; New pair of Size 7 boots, \$40; Purses, \$30 for all 3; Hamilton Beach roaster-baker, \$40; Outside electrical light, \$35; wagon that turns into lounge chair, \$100; two pairs of Judy Blues flare jeans, \$25 each. **Call Cindy @ 562 879-6988**

SHOES FOR SALE: Size 8. Asking \$25 for each pair. **Call Gloria at 951 677-3820.**



HANDYMAN SERVICES: Handyman services, gardening, window cleaning, power washing, driver to local areas, etc. **Steve Lopez, 626 622-4552.**

REALTOR: Paula Rodig, a Knolls resident Realtor. Call or text **949 324-5141**. Stanfle Realty, DRE# 0173 1868.

DOG WALKING: Spring Knolls resident of 10 years offering dog walking services for a minimal fee. **Janet, 951 970-8219**

Dear Spring Knolls Resident,

Medicare Annual Enrollment Period starts October 15 and ends December 7th! Even if you're happy with your current plan, it's important to check for any changes next year and review your coverage with other available options. You may reduce your expenses, find a better plan, or both! I am your local licensed insurance agent and Spring Knolls resident, I am here to simplify the process and my goal for you is peace of mind. Call me today to get more information. You can also look at the plans on my website. **www.sarahinsure.com**

Sarah Human, Licensed Insurance Agent; **310-980-9509**

sarah@sarahinsure.com / CA License # 0K16275



COSTUME JEWELRY FOR SALE. Earrings (dip-ons), bracelets and pearl necklaces from 1930-40 era, England. Nice pieces, reasonable prices. **Sandy at 951 265 4642.**



RIDES/ LIGHT HOUSEKEEPING: Will provide rides to people needing to go to doctors, grocery shopping. No deep cleaning. **Call Cindy @ 562 879-6988**

GOPHER REMOVAL: Plus handyman jobs. Experience with great results at very affordable pricing. Please call "Gopher Guy" **Marc Davison @ 209 288-9015.**

HAIRCUTS /BEAUTY SERVICES: Hair cut and other beauty services in your home for your convenience (female & male). I'm a licensed cosmetologist with more than 18 years' experience. **Call Nancy @ 951 414-9554.**

SEEKING ROOM: 65-year-old male looking for room to rent in our neighborhood. **Text 951-275-3650**

VOLUNTEER NEEDED: Fallbrook Animal Sanctuary is looking for a volunteer on Thursdays for light cleaning, loving on kitties and kittens. Call **Elaine @ FAS** for more details. **760 514-3689.**

Open/Closed

Board office: Fridays, Oct..2, 9, 16, 23, 30. 9 a.m. to noon

⇒ Clubhouse hours: 9 a.m. to 6 p.m. until Nov. 1, then 9 a.m. to 5 p.m.

⇒ Small pool open to all. Jacuzzi, gym or billiards room open to adults only. **951 677-6862** for info.

⇒ Eaker Hall: Clubhouse ground events need advance Board of Directors approval. Call Debby Adelhelm @ **760 717-9876** at least two weeks in advance.

Here, There & Elsewhere

Here: (Spring Knolls)

⇒ **Oct. 9, 10, BOOSTERS 2ND HAND TREASURE, BAKE, PLANT SALE:** 8 a.m.-2 p.m. both days, Eaker Hall. Open to Knolls residents.

⇒ **Oct. 17, GENERAL MEETING:** 1 p.m. for all Spring Knolls owners. Eaker Hall.

⇒ **Oct. 31: HALLOWEEN PARTY & DANCE.** Spring Knolls, 5-9 p.m. Eaker Hall. \$15 per person, advance tickets. Homemade soups, salad, dessert. Cash prizes for best costumes. Open to all Knolls residents.

Elsewhere (Murrieta area)

⇒ **Oct. 1, 15: MURRIETA MARKET NIGHTS:** Historic Downtown Murrieta (Washington Avenue) from 5 - 9 p.m. with local food trucks, artisans, live music. Free.

⇒ **Oct. 23: DARK IN THE PARK.** 5:30-8 p.m. Concert & Laser Light Show. Live music, Free, family friendly event. Costumes encouraged. Murrieta Town Square Park & Amphitheater.

(All times subject to change.)

Oct. '26: What's up in Spring Knolls & beyond ?

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chair exercises, 10:30 - 11:30	2 Chair exercises, 10:30 - 11:30	3
4 Bible study, 10-11 a.m. Unit 3 clubhouse	5	6	7	8	9 Boosters 2nd Hand Treasure Sale	10 Boosters 2nd Hand Treasure Sale
11 Bible study, 10-11 a.m. Unit 3 clubhouse	12 Chair exercises, 10:30 - 11:30 a.m.	13 Bible study, 10 a.m.-noon	14 Boosters meet, 10: a.m.; SKERT 5 p.m.	15 Chair exercises, 10:30 - 11:30 a.m.	16 Chair exercises, 10:30 - 11:30 a.m.	17
18 Bible study, 10-11 a.m. Unit 3 clubhouse	19 Chair exercises, 10:30 - 11:30 a.m.	20 Bible study, 10 a.m.-noon	21 SK Board meeting, 5 pm	22 Chair exercises, 10:30 - 11:30 a.m.	23 Chair exercises, 10:30 - 11:30 a.m.	24
25 Bible study, 10-11 a.m. Unit 3 clubhouse	26 Chair exercises, 10:30 - 11:30 a.m.	27 Bible study, 10 a.m.-noon	28	29 Chair exercises, 10:30 - 11:30 a.m.	30 Chair exercises, 10:30 - 11:30 a.m.	31 Boosters Halloween Party



MURRIETA SOUTHERN CALIFORNIA

HALLOWEEN HOME DECORATING CONTEST

CATEGORIES INCLUDE:

SCARIEST	MOST FAMILY FRIENDLY
BEST THEME	PEOPLE'S CHOICE
MOST ORIGINAL	CITY'S CHOICE

ENTER ONLINE:

[MURRIETACA.GOV/EVENTS](https://murrietaca.gov/events)
BY OCTOBER 7, 2026

FOR QUESTIONS & UPCOMING EVENTS VISIT [MURRIETACA.GOV/EVENTS](https://murrietaca.gov/events) OR CALL (951) 304-7275.

SPECIAL EVENTS

Friends of the Temecula Libraries

OCTOBER SALE

SPOOKY!

50% OFF ADULT FICTION

(Excluding Paperbacks and Classics)

PLUS! GREAT SELECTION OF HALLOWEEN ITEMS

PRICES AS MARKED

TWO LOCATIONS

FOTL BOOKSTORE AT
ROBERT H. ROBERTS TEMECULA
PUBLIC LIBRARY
30600 PAUBA RD., TEMECULA

Cash, Credit Card, Debit Card

FOTL BOOKSTORE AT
GRACE MELLMAN COMMUNITY LIBRARY
41000 COUNTY CENTER DRIVE
TEMECULA



2026 SPECIAL EVENTS

MURRIETA ROD RUN

OCTOBER 9-10

Downtown
Murrieta



DARK IN THE PARK

OCTOBER 23

Town Square Park &
Amphitheater



MURRIETA ROTARY FIELD OF HONOR

NOVEMBER 7-15

Town Square Park &
Amphitheater



VETERANS DAY PARADE

NOVEMBER 11

Downtown Murrieta -
Town Square Park & Amphitheater



DONUTS WITH SANTA MORNING TREE LIGHTING EVENING

DECEMBER 5

Town Square Park
& Amphitheater



FOR MORE DETAILS, VISIT MURRIETACA.GOV/EVENTS



≡ ★ 24TH ANNUAL ★ ≡
VETERANS DAY
PARADE

WEDNESDAY, NOVEMBER 11, 2026 | 10 AM

**LINE THE STREETS IN RED, WHITE & BLUE
AND HELP US SALUTE OUR LOCAL HEROES!**



PARADE **BEGINS** ON WASHINGTON AVENUE & IVY STREET AND
ENDS AT TOWN SQUARE PARK WITH THE ROTARY'S FIELD OF HONOR

REGISTER YOUR GROUP FOR ENTRY AT [MURRIETACA.GOV/EVENTS](https://murrietaca.gov/events)