

WARM SPRING KNOLLS

A 55+ Community



Community Newsletter

July 2025

38145 Via Del Largo Murrieta, CA 92563

Office: (951) 677-5758

wsk.murrieta@gmail.com **Office Hours:**

Fridays - 9 to noon







2024 Board of Directors

President

Woody Smith 951-440-6900



Vice President

Glenn Ingraham 951-642-2897





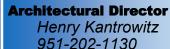
Treasurer

Joanne Marsh 714-401-7648



Secretary

Open Position





Facility Directors

Debra Clark 562-322-7727

818-497-7400



Hector Martinez



Keys & Calendar

Sherry Tatar 951-536-4604



Alliance Association Mgt.

42111 Avenida Alvarado Suite E2 Temecula, Ca 92590 951-412-1662

Newsletter.wsk@gmail.com

July 4th Parade

Friday, July 4th at 9:30am (arrive at Spring Knolls clubhouse by 9:am) 38441 Via La Paloma, Murrieta. Free hot dog lunch to follow for all! Any questions? Please call Alan Hanson @ 714-493-1709







Murrieta's 2025 Summer Concert Series is heating up Town Square Park every Saturday in July with live music, local food vendors, and family-friendly fun...so grab a blanket, invite your friends, and join us!

Each concert kicks off at 7:00 p.m., and yes—it's totally FREE to attend! Here's your July lineup:

- **Saturday**, **July 5** Those Guys (Rock/Dance)
- Saturday, July 12 80s vs 90s
- Saturday, July 19 Gilligan's Island: The Band (Themed Party Blend)
- Saturday, July 26 Rock Zone (Tribute to AC/DC, Van Halen, Guns N' Roses & more)

Come for the music, stay for the memories. We'll see you in the park!



Welcome New Members



Cynthia Mitchell, 28652 Via Playa Del Rey. She loves living in our community and has already made new friends



2024 Volunteers

Activities

Sherry Tatar 951-536-4604

Audit Committee

Open position

Clubhouse Rental

Sherry Tatar 951-536-4604

Library

Sue Starling

Newsletter

Ray Clark

Senior Advocate

Shelby Price 951-303-4409

Streets/Infrastructure

Jim Francis 951-440-2215

Welcome Committee

Joanne Marsh 714-401-7648 Sherry Tatar

Website

James Sebring 760-294-1122

Police (non-emergency) 951-304-2677

Waste Management

(Trash bin replacement) 714- 558-7761



From the Vice President-Glen Ingraham

On the Board Again...

Glenn Ingraham, VP

After a 2 ½ year break, I'm glad to be back on the WSK Board of Directors working with a talented team of volunteers for the benefit of our community. Members of the Board do a lot for all of us, including taking turns at office duty a week at a time. That means manning the office each Friday morning and answering the office phone.

Back in the day, the on-duty board member met with residents and visitors and answered the desk phone during the three-hour office shift. That was pretty much it for answering the phone for the week. Maybe someone would pick up voicemail messages during the week, and maybe calls would get returned. So, about five years ago we began the practice of forwarding the office phone to our personal phones during our duty week. Everyone loved it! Well, everyone except the board member who was getting calls at 6 in the morning and at 9 at night... So, if you do call the office phone for help or information, please remember that Board members are volunteers, so please call only during business hours on weekdays. Also, with scam calls coming in more frequently all the time, most of us don't pick up calls from numbers we don't know. But we do listen to voicemails and then return calls when we can. If you do call the office phone, you'll likely hear a voicemail message from one of our personal phones. Just leave a message and we'll get back to you.

Do You or Someone You Know Live Alone?

By Glenn Ingraham



Snug Safety

Anything can happen during your day: a trip, a fall, a stroke, or even a heart attack. And who would know? Maybe you have friends or family that check on you daily, and that's great, especially if you have a furry friend that depends on you. But if you don't have someone checking in with you each day, then becoming incapacitated could be devastating for you and your pets.

But now there's a resource that can give anyone living alone (and those that care about them) some peace of mind. It's called *Snug Safety*, and it's an app that installs on your phone. After you register and list your emergency contacts, it sends a message to your phone each day at a time of your choice. To check in, you just tap the app each morning and press the big green 'Check-In' button. If you forget, then the app sends you a notification that it's time to check in. If you don't verify within the time limit, then the system sends a message to your emergency contact(s) alerting them that you didn't check in.

If you're unfamiliar with apps and how to install them on your phone, talk with your kids or, better yet, your grandkids. They'll be relieved to know that there's a way to worry less about how you are doing. Or ask a neighbor, friend, or Board member. Remember, the clubhouse office is open every Friday from 9 to noon.

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WSK HOA FINANCIALS

YTD as of end May 2025

Operating: \$105,547.61 Petty Cash: \$1,095.44 Total Operating: \$106,643.05

Reserves: \$188,627.81 CD Investments: \$145,057.70 Total Reserves: \$333,685.51 Total Funds: \$440,328.56

HOA Board Meeting

Our quarterly board meeting will be held on Saturday, July 26th @ 10am



From Interim Secretary - Sherry Tatar

As many of you are already aware, we don't currently have our Board secretary position filled. I currently have stepped into these shoes while we attempt to find a good fit. If you have secretarial skills or know of anyone that does and may be interested in volunteering to serve on the Board please contact any Board member to let us know. Your help would be greatly appreciated. Sherry Tatar Interim Secretary



On the 3rd Wednesday of each month, Warm Springs Knolls has a group of fun people who like to play Bunco. We have a few openings left if anyone wants to become a permanent member or play as a sub.

Please reach out to Linda Wilson for details: 916-956-5292



Water Aerobics Class

Our class meets Monday through Friday from 9:00am to 9:45am. We would love to have you join us or you can just float around in the pool while we work out. But be aware, if the air temperature isn't at least 60 degrees, we won't be going in the pool. Carol





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Warm Spring Knolls Chair Exercise began in June 2022 with one day a week. The following month the group decided to add a day, and for a long time we exercised two days a week. Many of our original members have moved away, but I still remember them with special fondness. Some members were in their 90s when they began.

There were always conflicts with appointments, and on some days, it would be just me and one or two others. Now we exercise three days a week (MWF 10:30-11:30) and have grown from a handful of partic-

ipants to sometimes 12 or more. We have a fairly consistent group of 6-10 participants who have been exercising for two or more years... Great work, ladies.

In the beginning, one of our exercises was using Styrofoam drumsticks as we pounded on things to the music (good stress reliever). We now vary between sitting and standing exercises with a variety of arm and leg exercises, as well as some light weight exercise. We work primarily to have fun and recondition our muscles and joints by strengthening our core and balance muscles while improving our flexibility and coordination.

Many members, including myself, will tell you of days when we would prefer to just go back to bed, but after exercising, we feel better. Some days I am accused of torture, but they come back for more. So, I'm not sure how bad it really is (LOL).

Thank you to: Janice, Gwen, Norma, Theresa, Marcia, Jim, Peg, Bill, Jean, Judy, Shirley, Christina, the Lindas, Lynda, Melinda, Roberta, Persephany, Mike, Reyanne, Shelby, Mary Renee, Nanu, Dorothy, and Shirly S. It has been fun working with you over these many months. James Sebring

From Facilities Director- Debra Clark

Hello homeowners, I hope you're having a very blessed year so far. I'm so glad I see people enjoying the pool, Jacuzzi and using our Club House for their enjoyment. Just a reminder, the doors that lead out to the breezeway from the clubhouse are never to be left propped open, plus the pool gate is not to be left propped open! That is a Riverside County Health code violation. There is no entry from the breezeway back into the clubhouse once out by the pool area. The refrigerator that's in the kitchen is only for Club House Activities use. It's not for public use when by the pool. Please bring your own cooler if you need to keep items cold. Thank you

Debra

From Architectural Director- Henry Kantrowitz

I am thankful for all of the community members who have submitted Architectural Request Forms for their projects. These forms need to be filled out if you have any project you want to start outside your house. These request forms have to be approved by the HOA Board of Directors before initiation of your project. Also, always check if you need a city or county permit for any structural work you are having done.

Weed sprays: In my previous article I mentioned a couple of herbicides to spray. I had a community member tell me the one she used didn't work. I forgot to mention that you need to mix the ingredients for Captain Jack's Dead Weed Brew at 8 ounces per gallon for a 6% solution to be effective for most of our weeds. If you do that, the weeds will die.

The importance of butterflies...

Butterflies are much more important than we think. We all know they pollinate flowers. Their pollination efforts are crucial for plant reproduction. Even more important are the caterpillars they produce. Caterpillars are one of the main food sources for birds to feed their young while in the nest. Without these caterpillars, we wouldn't have most of the species of birds we do. This is a good reason to plant a butterfly garden, including HOST plants for the caterpillars to eat. Host plants are plants the caterpillars need to feed on to grow and become butterflies. A short list of host plants is native milkweeds, buckwheat, Ceanothus (California lilac), California coffee berry, holly leaf cherry, deer weed, parsley, and fennel. Trees to plant as host plants are orange, lemon, lime, oak, willow, sycamore, and cottonwood trees.

Henry

From Activities - Sherry Tatar

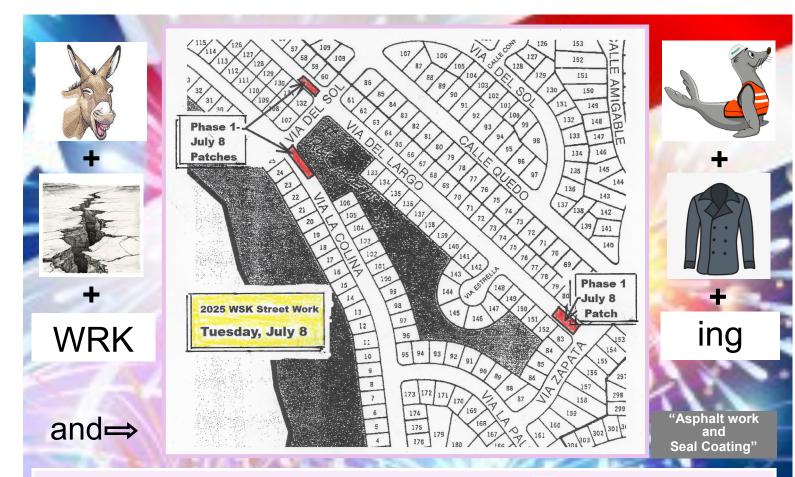
I hope you have all seen your email asking you to save the date for Friday, July 18. The Activities Committee will be hosting a happy hour by the pool from 4:30 to 6:00 PM with table games to follow. Tickets are seven dollars per person. We will be serving an arrangement of hors d'oeuvres for your enjoyment while you lounge by the pool with your community friends and neighbors for some easy afternoon conversation and perhaps a sip of your favorite bottle of choice. The theme for the sips is BYOB although we will be providing non-alcoholic beverages for those of us that choose otherwise. Reservations are required and we will be taking them absolutely no later than the 15th so we can adequately prepare for our guests. I hope to see you there.

Contact Sherry Tatar for tickets @ (951)536-4604









We have a Start Date!

Phase 1 - Tuesday July 8th at 7:00 am.

This will include demolition and installation of new asphalt patches on:

- Via Del Largo, north of Via Zapata and Via Del Largo, north of Via Del Sol; and Via La Colina, south of Via Del Sol.
- The above work will be completed in one day, but will require road closure through the second day, Wednesday July 9th for the new asphalt to cure properly.
- Additional street work will simultaneously occur in Spring Knolls and Golf Knolls, but should not impact WSK residents.

Please Note: Prevent any water from getting on the work areas, from July 7th to July 8th!

Do not remove any barricades or drive on the new asphalt!

Plan ahead so you know where and how to avoid the work area!

Phase 2 - is currently unscheduled, but will probably happen in late August. It will involve crack-sealing and seal coating of:

- The new patches (Del Largo and La Colina).
- Along Via Del Lago from Via Zapata to beyond Via Del Sol.
- The Clubhouse parking lot.

Thank you for your patience and cooperation - Jim Francis

"Hey, how are you?" the eraser asked the pencil kindly. "I'm not your friend," the pencil snapped. "I hate you." Surprised and hurt, the eraser asked, "Why?" "Because you erase everything I write." "I only remove the mistakes," the eraser replied gently. "That doesn't make it right," said the pencil. "But that's what I'm here for. It's my purpose." "Then your job is meaningless," grumbled the pencil.

"Writing is more important than erasing." "To erase the wrong is just as important as writing the right," the eraser said. The pencil paused, then quietly said, "But I see you getting smaller each day..." "That's because I give a little bit of myself every time I help correct a mistake." "I feel smaller too," the pencil admitted.

"We can't do good for others unless we're willing to sacrifice something," the eraser smiled. Then she looked at him and softly asked, "Do you still hate me?" The pencil smiled back: "How could I hate someone who gives so much of themselves?"

Each day we wake up with one day less. If you can't be the pencil that creates joy for others, be the eraser that wipes away their pain, planting hope and reminding them: The future can still be better than the past.

Be grateful, always. Thanks! Shelby





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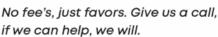


Ask For

Randy Pozos

Favors for Neighbors

"There is no call too small"





MICHAEL SAIZ Friend & Founder

mikesaiz33@gmail.com



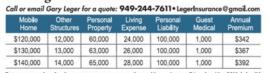




Replacement Cost Coverage for home (fire, water da

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YES, I CAN UNDERSTAND HOW THE FOURTH OF JULY MIGHT





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Follow Us



Nuisance of barking dogs

We have rules in our "Rules and Guidelines handbook" about constant obsessive dog barking caused by dogs being left outside alone for quite some time or just being left outside while homeowners are at home. This could also fall under cruelty to animals, especially during the hot summer days. We are going to start cracking down on this situation as the HOA gets formal noise complaints from neighbors in the area. A letter will be mailed out to the residents of the dog owner to contact the WSK-HOA Board to discuss this matter. If this matter persists and you do not comply with our rules, there will be fines implemented. Thank you

Kristina Merrick

Health Plan Specialist License # 0C19662

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- kmerrick@sbhis.net
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FREE ADMISSION FUN FOR THE WHOLE FAMILY



July 2025

27	20	13	6	GK Bible Study at Golf Knolls Clubhouse Sunday morning's 10-11am	Sunday
28 Pool Aerobics 9:am Chair Exercise 10:30am	Pool Aerobics 9:am Chair Exercise 10:30am GK Women's Luncheon	Pool Aerobics 9:am Chair Exercise 10:30am	Pool Aerobics 9:am Chair Exercise 10:30am		Monday
29 Pool Aerobics 9:am Chair Yoga 9:am Line Dancing 12-1:30 pm	Pool Aerobics 9:am Chair Yoga 9:am Line Dancing 12-1:30 pm Mexican Train 1:30-4	Pool Aerobics 9:am Chair Yoga 9:am Line Dancing 12-1:30 pm Cards 1:30-4 SK Unit 1 Bingo- 12:30	Pool Aerobics 9:am Chair Yoga 9:am Line Dancing 12-1:30 pm Mexican Train 1:30-4	Pool Aerobics 9:am Chair Yoga 9:am Line Dancing 12-1:30 pm Cards 1:30-4	Tuesday
30 Pool Aerobics 9:am Chair Exercise 10:30 am	23 Pool Aerobics 9:am Chair Exercise 10:30 am	Pool Aerobics 9:am Chair Exercise 10:30am Bunco @ 5:30 Call Linda Wilson	9 Pool Aerobics 9:am Chair Exercise 10:30 am	Pool Aerobics 9:am Chair Exercise 10:30 am	Wednesday
31 Pool Aerobics 9:am Gentle Yoga 9:am TRASH DAY	24 Pool Aerobics 9:am Gentle Yoga 9:am TRASH DAY	Pool Aerobics 9:am Gentle Yoga 9:am TRASH DAY	10 Pool Aerobics 9:am Gentle Yoga 9:am TRASH DAY	3 Pool Aerobics 9:am Gentle Yoga 9:am TRASH DAY	Thursday
	Pool Aerobics 9:am Chair Yoga 9:am Chair Exercise 10:30am HOA OFFICE Hours 9-12 Joanne Unit 1 BBQ @ 5pm	Pool Aerobics 9:am Chair Yoga 9:am Chair Exercise10:30 am HOA OFFICE Hours 9-12 Woody WSK Pool Party @ 4:30 Unit 1 BBQ @ 5pm	Pool Aerobics 9:am Chair Yoga 9:am Chair Exercise10:30 am HOA OFFICE Hours 9-12 Sherry Unit 1 BBQ @ 5pm	Pool Aerobics 9:am Chair Yoga 9:am Chair Exercise10:30 am HOA OFFICE CLOSED! Unit 1 July 4th parade 9:30am Unit 1 BBQ @ 5pm Happy 4th of July	Friday
	Unit 3 BBQ @ 4:30 WSK QTR Board Meeting 10:am @ Clubhouse	19 Unit 3 BBQ @ 4:30	12 Unit 3 BBQ @ 4:30	5 Unit 3 BBQ @ 4:30pm	Saturday