

March 2022

Warm Spring Knolls (WSK)

A 55+ Community

Neighborhood News

**38145 Via Del Largo
Murrieta, CA 92563**

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**Office Hours:
Fridays - 9 to noon**

*Check the Calendar for
the next Board Meeting*

2022 Board of Directors

President

*Glenn Ingraham
951-642-2897*

Vice President

*Henry Kantrowitz
951-202-1130*

Treasurer

*James Sebring
951-365-3419*

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*Your Name Here
XXX-XXX-XXXX*

Architectural Director

*Rick Martinez
559-816-9240*

Facilities Director

*Nancy Misko
805-268-0523*

Keys & Calendar

*Terry Quinn
541-788-8293*

*If you have an opinion,
a brief article, a joke, or
an interest that you
would like to see in the
Newsletter, send it to the
∞ editor at: ∞
newsletter.wsk@gmail.com*

From the 2022 Board of Directors

All dressed up and nowhere to go... At the January meeting several residents expressed concerns that not enough HOA business was being conducted at the mtgs. As mentioned in the Feb issue of the newsletter, the last two years of Covid resulted in board members having to find ways to get the work done efficiently, but with as much transparency as possible. Still, we agreed.

So, to prep for the Feb meeting, we spent quite a bit of time preparing a detailed presentation on each project, with photos and specifics. And silly us! We even rehearsed to be sure that all points were covered and that all meeting attendees would have all the info they wanted... The photo tells the story. None of the 'interested parties' bothered to show. The three 'attendees' are all committee members! Oh, how we laughed...



You Ought to Know...

Murrieta Fix It

Ever come across a massive pothole, defective traffic light, a missing or defaced traffic sign, or debris in the road causing an unsafe condition? Now you can easily alert the city to the problem, and you can track their progress in fixing it.

The city has launched a new app for mobile devices (phones and tablets) and computers called "**Murrieta Fix It**". The app will allow residents to report anything that needs attention throughout the city (remember that our streets and clubhouse are all privately owned by us, the WSK HOA homeowners). The app can be downloaded at **Google Play** and the **Apple Store**, or by going to: MurrietaCA.gov/fixit

Getting City Alerts?

The City of Murrieta allows citizens to receive email and/or text alerts for just about anything going on in the city such as Emergency Alerts to the various Advisory and Planning functions to city bids for services, city calendar, and a wide-variety of news flashes. Signing up is easy. Just go to MurrietaCA.gov and type 'Notify Me' in the search box.

Then scroll down and click the 'Notify Me' link, enter your info, and select the notifications that you want to receive.

Cards Anyone?

The Clubhouse Card Players are back and invite you to participate in their monthly Mexican Train and Hand & Foot card games at the WSK HOA Clubhouse. They will start with Mexican Train in March and then add Hand & Foot in April. They ask that in the interest of health, you bring your own mask and sanitizing gel.

Closed for Termites

Please be advised that the clubhouse and spa buildings will be closed from Monday, February 28 until Thursday March 3 due to FUMIGATION. Please do not enter either building during that time.

Thanks for your patience and cooperation during the process.

Nancy – Facilities Director

Again, big Thanks...

Craig, Duane, and Amparo: The spa team!

**Looking for a
Friend that will
Love you Always?**



One waits just for you!
Call "Friends of the Valley" 951-506-5069

**WSK Board Meeting
March 15 @ 11 am**

2021 Volunteers**Activities**

*Marcia Livingston
951-440-5611*

Audit Committee

*To be determined
XXX_XXX_XXXX*

Clubhouse Rental

*Terry Quinn
541-788-8293*

Emergency Prep

*Holly Martinez
559-816-0635*

Library

*Pierce & Norma Box
951-696-1070*

Newsletter

*Glenn Ingraham
951-642-2897*

Senior Advocate

*Shelby Price
951-461-7557*

Streets/Infrastructure

*Jim Francis
951-440-2215*

Website

*James Sebring
760-294-1122*

Welcome Committee

*Terry Quinn
541-788-8293
Holly Martinez
559-816-0635*

Murrieta Senior Center

(951) 304-7275

Police (non-emergency)

(951) 304-2677

Waste Management

*(Trash bin replacement)
(714) 558-7761*

Springtime is critter time! Call Glenn or Henry if you need a hand 'evicting' an unwanted guest!!

From the Treasurer

James Sebring

WSK HOA Financials -

YTD as of February 28, 2022

Operating Account: \$ 47,791

Reserve Checking: \$ 110,297

Reserve Savings: \$ 139,529

In Remembrance

Last month a list was provided of those WSK residents that we lost in 2021. This list was compiled by someone (who won't be named here), and then given to the newsletter Editor for publishing. Imagine the Hogue family's surprise when a very much alive Donald Hogue discovered his name on the list!! Apologies to the Hogue family!

Community-Wide Garage Sale!

April 23rd

Get your stuff ready because the annual Tri-unit garage sale is back. This is the one day of the year when we cart our priceless treasures out to the driveway and hope that perfect strangers will see the value that we did when we stuck all that stuff in storage all those years ago.

The 'A' Team – Marcia Livingston**WSK Activities Committee**

Thanks to all the residents from all three units for their overwhelming support of our very first "Taco Tuesday". A good time was had by all. The smiles and congeniality flooded the clubhouse with warmth in spite of the rain and cold outside. We continually welcome new members to the committee. If you are interested please call Marcia 951-440-5611.

Upcoming events:

03/19/22 St Paddy's Day Community Breakfast 8:30-10:30

04/10/22 Ice Cream Social and Quarterly Board Meeting 3pm

Sincerely, Your Coordinators; Nancy, Josie, Marcia, and Terry

Remember...

Often it is better to stay silent and let people think you're an idiot, than to open your mouth and remove all doubt!

Senior Advocate

Shelby Price

Maximize the 5 most Important Minutes of Your Day

Minute One - Reflect on the day's accomplishments. At the end of the day, it can be hard to think of the big picture of the good we've done, so taking time daily to reflect makes a huge difference.

Minute Two - Focus on evaluating your day. Did you put too much on your plate? How was your stress? Attitude? Focus? If you consistently score high on stress and low on attitude, make some adjustments.

Minute Three - Assess what you did to move closer to accomplishing your goals. A little progress each day matters.

Minute Four - It's all about gratitude. Find three things you are grateful for. The trick is, they need to be specific to that day.

Minute Five - Set up your dominoes. Write down a few notes about tomorrow's action items-- the important tasks you would like to focus on in the day to come. However, you aren't planning tomorrow; you are simply giving yourself guidance on what to work on next.

WELCOME COMMITTEE – Terry Quinn & Holly Martinez

Last month we offered a few suggestions to help welcome a new neighbor. Here are a few more:

Deliver a Small Gift – That could be anything from a few bags of tea in an envelope or perhaps a menu from your favorite restaurant.

Make a Meal – Even a cheese and cracker package with fruit.

Give a Map – If you have a map of the area mark the location of a grocery store and a gas station. Hand drawn is fine too.

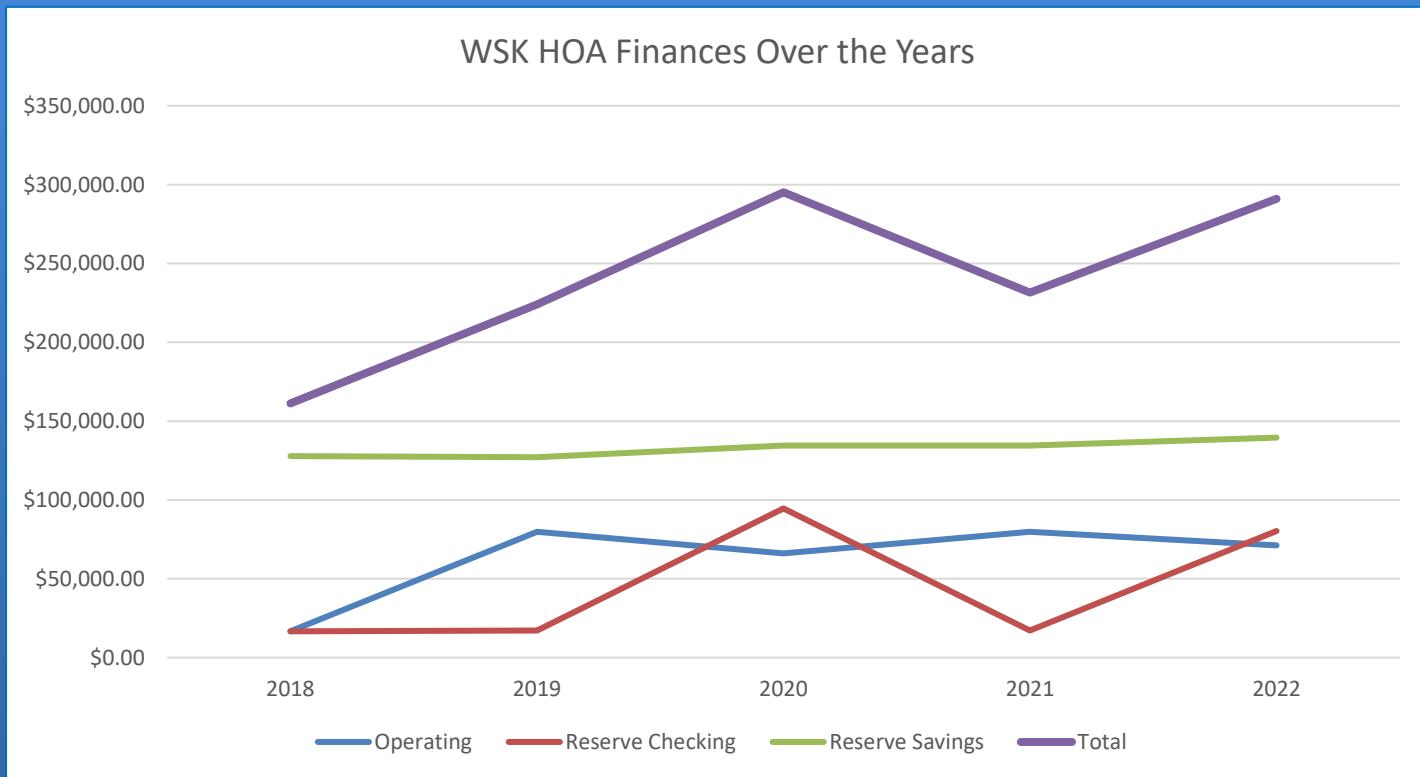
It doesn't take much to make someone feel special. You can practice with our newest resident.

Jan Dacy at 28664 Via Playa del Rey, moved here from San Diego where she served 25 years with the S.D. Police Department. She loves to read and enjoys getting to know people.

More new residents are still moving in, so once again, let's give them a WSK Welcome!



The chart below describes WSK HOA Finances over the past several years and is provided for HOA homeowners' general information.

**Emergency Preparation – Holly Martinez**

Hi WSK community. We are nearing that time when winter will soon turn to spring and there is a rejuvenation in the air. I just wanted to thank our community for being safe during these current times and following all safety guidelines. Short and sweet, please remain safe, spread kindness, look out for your neighbors, and embrace our great community.

Need a Venue?

If you're planning a party, memorial, or any other gathering, be sure to check into the availability of the WSK Clubhouse.

4 hours or less - \$100

Up to 6 hours - \$150

Security Deposit - \$200

Kitchen rental: - \$40

Not all events are subject to charges
(except for the security deposit)

Contact **Terry at 541-788-8293**

Also from Shelby:

The toll-free number for poison control in the US is 1-800-222-1222. Put it in your phone right now! Then, do your research and fill your contact list with helpful call numbers. Don't waste time Googling in an emergency.

Also add Roadside assistance and police in your speed dial.

Donations Wanted

We have been working on the sunset plateau project for almost a year and it is still under development.

To help keep costs down, we always welcome the donation of new or used **garden hoses** (25 or 50 ft and kink resistant). We are also looking for **benches** in good condition. We will pick them up from your house. Donations are also accepted to help buy benches or to plant more trees and plants.

A fruit tree section has been started and hopefully will be producing lots of fruit for the community in the next two or three years.

Remember the sunset plateau is still in its development phase but you can walk over to it any time. It is located just south of the club house entrance. As always, if you do walk out there be sure to watch your step. The area is undeveloped and unpaved. Thanks!

- Henry



Terry, Christina, Maxine, and Fran getting it done at Taco Tuesday!

Tired of Price Hikes on Your Mobile Home Insurance?

**Call us for the lowest prices on
new and older homes in California and Arizona!**

We Have the **3 Major Manufactured Home Insurance Companies**

- Replacement Cost Coverage for home (fire, water damage, etc.)
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- No limit on plumbing leak damage



Leger Insurance Advisors

Call or email Gary Leger for a quote: 949-244-7611 • LegerInsurance@gmail.com



CA license 0D50865

Mobile Home	Other Structures	Personal Property	Living Expense	Personal Liability	Guest Medical	Annual Premium
\$120,000	12,000	60,000	24,000	100,000	1,000	\$342
\$130,000	13,000	63,000	26,000	100,000	1,000	\$367
\$140,000	14,000	65,000	28,000	100,000	1,000	\$392

Rates are examples of replacement cost on newer manufactured homes in most CA parks with a \$500 deductible.

Health Insurance

Medicare Options
Individual
Covered CA

CHRISTY JOHNSON
Licensed Agent
Lic# 0F86590

FRANK SANDOVAL
Licensed Agent
Lic# 0L74083

951.319.3545
www.greatoakis.com

Calling the number above will direct you to a licensed insurance agent.

Looking for a better plan that suits your needs?
We are here to help!

Did you know that you can get your little furry friends vaccinated against Rattlesnakes? Avoid tragedy by getting your pal the shot. One convenient place is Animal Friends of the Valley. Call them at 951-674-7729.



Are you House Rich but Cash Poor?



A reverse mortgage loan can improve your "Quality of Life" and give you "Peace of Mind" SM

Home Owners 62 and older:

- Supplement your retirement income
- Never make a monthly mortgage payment (Responsible for property taxes and homeowner's insurance)
- Tax-free money
- Lump sum, monthly payments, line of credit; or combo
- Will not affect Social Security or Medicare Benefits (May affect Medicaid and SSI)

Most reverse mortgage companies want to do business over the phone and use the US Postal Service.

I do business "The Old Fashion Way", I come to your home and meet with you face to face at your kitchen table.

Helping Seniors realize their desires while still residing in their homes. SM

Seniors can purchase a new home and do a reverse mortgage loan at the same time, enabling them to move into their new home with no mortgage payments for the rest of their lives.

They are responsible for property taxes and homeowner's insurance.

It's more than a Mortgage, it's a Reverse Mortgage!



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email: owen.coyle@gmail.com
www.reversemortgages62.com

8975-403 Lawrence Welk Dr. Escondido CA 92026

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These materials are not from HUD or FHA and were not approved by HUD or a government agency.

Gardening by the Moon

- Henry

Planting by the Moon (also called "Gardening by the Moon") is a traditional way to plant your above- and below-ground crops, especially at the start of the season. Farmer's Almanac has embraced this method for around 200 years. Old-time farmers in the U.S. and Farmer's Almanac swear that this practice results in a larger, tastier harvest.



I planted this way for many years when I lived in Costa Rica, and it worked better than when I didn't. Almost all farmers and gardeners do it this way throughout that country and all of Latin America, from decades of knowledge about planting by the moon schedule. They don't even know about the Farmer's Almanac.

Here's a simplified version of how it works:

Plant annual flowers and vegetables that bear crops above ground during the progression of the moon. Also known as waxing moon. In other words, plant from the day the Moon is new until the day it is full. Plant flowering bulbs, biennial and perennial flowers, and vegetables that bear crops below ground during the dark, or waning, of the Moon. In other words, plant from the day after the Moon is full until the day before it is new again. Just as the Moon's gravitational pull causes tides to rise and fall, it also affects moisture in the soil. This causes seeds to swell, resulting in greater germination and better-established plants.

Here is a website that goes into more detail. <https://www.almanac.com/content/planting-by-the-moon>

Also... Do you know what climate zone we live in?

Our area of Murrieta is in climate zone 9b. This means it doesn't drop below 25 degrees and gives you an idea of what plants you can grow. Often the preferred climate zone is included on info-tags describing the cold tolerance of a plant or tree.

MORE FOR YOU

Benefits Checkup by
Kristina Merrick



I am YOUR Local Medicare Advantage Plan Health expert which includes Medicare-Medi-CAL Plans, Medicare Supplement Plans, Prescription Drug Plans, and Individual Family Plans. This Fall, there will be changes to many health plans so be sure to call me with your questions. If you're leaving a *Group Plan* or turning 65 this year, call me right away to assist you in the transition from Group to Individual Insurance.

Are you getting all the money-saving benefits that Medicare can offer you? Call to find out.

Kristina Merrick
(951) 805-7588 (TTY:711) 9am to 5pm
email: KMerrick@SBHIS.net
www.sbhis.net



The spa bldg.
getting the
treatment.
Nice work
Nancy!!

Note from the President

Many deserve a lot of praise for the work done to make our first Taco Tuesday the huge success it was. Of course, we have to start with the members of the Activities Team, especially those who prepared food at their homes. But a very special shout-out goes to Nancy, Terry, Josie, and Marcia. They know why.

And it would be a crime not to call out Sherry for her tasty homemade cake and tireless help.

And finally, we've got to hand it to Chris and Linda Haas who stuck around after everyone else left, to help clean up!

Keys & Calendar Report

– Terry Quinn

We are moving forward with the pool gate and access key pad. Be looking forward to learning more about pool gate design options at an upcoming Board Meeting. Other upgrades for security have been accomplished.

Take a peek at the Calendar on the back page for dates of everything you need to know about March events.

Taco Tuesday on 2/22/22 was a fantastico success! We had a huge turnout (served 95 people!!) from all three units and everyone enjoyed chips, salsa, tacos (chicken, beef, and plant-based (yum)), beans, and rice! The drink assortment was excellent. And to top it off with style we enjoyed a homemade-from-scratch delicioso tres-leches cake made by our own Sherry Tatar. Oh, and we also had Disneyland churros with vanilla ice-cream!

Thank you immensely to all the activities committee members (and others!) who helped make this a success. It takes a village to put something like this together.

Our first try at Loteria with the remaining 20 or so attendees was much fun as well



Don't Miss the WSK Breakfast on March 19th

Warm Spring Knolls Breakfast

Saturday, March 19th
Unit II Clubhouse

8:30-10:30

Menu
Pancakes
Sausage
Eggs
Coffee
Juice

\$5.00



Scruffy Says... "A stranger is just a friend you haven't met yet..."

Turned out that Bob is a person living rough in the tangled thicket behind the house where Little Limpy lives with his person, Carl. Living rough is something that my pal Little Limpy and I know a little something about. When I remember those times, my mind gets misty, like an early morning when the new day is shrouded in ground fog and you can sort of see the trees. You know they are there but all you really see is just a dark outline. It's entrancing but kind of creepy, too. And what I sense in that mist of memory when I look are the feelings of what it was like. Fear, loneliness, and that crummy feeling of being dirty all the time. But the big one of course was the hunger. I was so used to not eating or eating only scraps that other dogs had passed over, that even when I did, miraculously, get more than a few mouthfuls, I still walked away hungry, always looking for my next chance at anything that even resembled food. But then, when I was sure that the only way I might get to eat real food was to get tossed into animal prison... the pound. Maybe I might get to leave with someone, and maybe I'd be scheduled for a trip through the nightmare known as the yellow door at the end of the hall. A door at the pound from which no dog returned. But at least I'd get a meal.

So, I did get caught and I did get a meal. And while I saw plenty of unlucky dogs that were too old, too tough, too big, or just not cute enough to catch some person's eye, I did get out. And eventually, I did find my person and this too-good-to-be-true life.

Little Limpy, who now lives across the street from me, Mimi, Zazy, and our persons did all that but in reverse. He grew up in a big family far far away. One day he and his person, after moving not far from here, had a car crash. He was hurt badly, but he lived. That's why he limps to this day. But anyway, that began his introduction to the hard side, maybe even the ugly side of living. And I don't know how he did it. He's so big. A monster of a dog, really. How did he hide from people and dogs that wanted to hurt him? I don't know, except that I do know that one day Meems and I spotted him hiding in the big hedge that borders one side of Carl's home (he got his name because Meems and I thought he walked a little limpy – he seems to actually like it!). And from that chance moment of surprise discovery, a whole adventure unfolded that nearly ended with both of us dragged through that terrible yellow door. But that's a story that's already been told. But the point is, here he is now, living the dream. So... what about Bob? Little Limpy says that Bob likes moving from place to place, but that he has a hurt leg and is just laying low while it heals.

"You mean he is going to live here?", I couldn't believe it. "In your back yard? What's going to happen when someone sees him? He'll go to the person-pound, or whatever."

"Why would anyone see him?", Little Limpy asked, like it was the simplest thing in the world to keep a grown person hidden under a bush.

"Because he smells terrible for one thing. I smelled him from across the street. And... What's he going to eat, hmm?"

"I bring him a little food when I can. And somehow he manages."

Throughout this whole exchange, Bob sat back in the vines just watching us. I know he didn't speak dog-ese or any other animal speech. There are few persons that do. But he did give me a curious look when I mentioned how lived-in he smelled. Then something amazing happened.

"Pssst, c'mere you," Bob said in a raspy voice. "C'mon, I don't bite. C'mere."

"He's talking to you, Scruff," Little Limpy said as he ambled over to Bob and lay down next to him.

"Ah, Scruff is it?", Bob said, his eyes twinkling. "C'mon over here and let me scratch your chin. I got a story to tell you."

...to be continued?

I ended this episode of Scruffy with a question mark. Why? Mostly because I've been doing this newsletter – writing most of the articles (all the Scruffys), doing all the graphic arrangement, all of the editing (which, depending on the quality of the submissions can be a lengthy process), all the research (unless it is provided by others) to find information that might be of value to us 55+ers – since December of 2015, working full-time for 3 of those years. In the last seven years I've overseen projects, spent a few years on the board, and helped make untold number of improvements alongside other hard-working people. But... I won't be doing this forever. If you, or someone you know, has the chops to put together a monthly newsletter, give me a call. A transition is far preferable to the alternative: one day it just stops.

March Birthstone
Aquamarine
March Flowers
Daffodil

WSK Clubhouse Calendar

We're on the Internet!
www.theknollofmurrieta.org

March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Ash Wednesday - Christian	2 Trash Day	3 Board Office Hours 9-12 Henry Kantrowitz	4
	6 Casimir Pulaski Day - Google it!	7	8	9 Board Meeting Agenda Posted	10 Trash & Recycle	11 Board Office Hours 9-12 Terry Quinn
	13 Daylight Savings Time Starts - clocks ahead one hour	14	15	16	17 Purim – Jewish St. Pat's Day - Christian	18 Holi – Hindu Board Office Hours 9-12 Glenn Ingraham
	20	21	22	23	24 Trash Day	25 Board Office Hours 9-12 James Sebring
	27	28	29	30	31 Cesar Chavez Day Trash Day	<ul style="list-style-type: none"> • Pool is closed until late Spring • Spa is open until 9 pm • Clubhouse is open for games and rental

