

WARM SPRING KNOLLS

A 55+ Community

Community Newsletter

September, 2026

38145 Via Del Largo
Murrieta, CA 92563

Office: (951) 677-5758

wsk.murrieta@gmail.com

Office Hours:

Fridays - 9 to noon

2026 Board of Directors

President

Glenn Ingraham
951-642-2897



Vice President

Jim Waters
760-497-1392



Treasurer

Joanne Marsh
714-401-7648



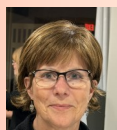
Secretary

Open Position



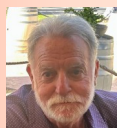
Architectural Director

Susan Delaney
760-855-2953



Facility Director

Lee O'Shell
951-526-1558



Keys & Calendar

Cindy Davis
951-551-4381



Alliance Association Mgt.

41663 Date St. Suite 200
Murrieta, Ca 92562
951-412-1662

Newsletter.wsk@gmail.com

A Note From Our President– Glenn Ingraham

It is said that you can choose your friends but not your relatives...or your neighbors. Moving into a new neighborhood is like Forest Gump's famous quote about a box of chocolates: *You never know what you're going to get.* So true. But most of us hope for the best with our neighbors. We try to mind our own business and act with respectful friendliness, and usually we just try to be the best neighbor we can be. Which can sometimes be a bit tough in the tightly packed neighborhoods of The Knolls.

Here are a few simple rules for being (and helping to make) a good neighbor:

- Focus on clear, respectful communication.
- Small acts of kindness go a long way, so offer a hand if you see it might be needed.
- Maintain your property and put your trash bins away promptly.
- Friendliness First!
 - “Say hello or wave when you see people.”
 - “Learn and use the names of the people living near you.”
 - “Spend time outside in your yard or front porch to be approachable.”
- Keep your pets quiet and clean up after them
- Keep your music and TV volume low late at night, especially if you open windows.
- Warn neighbors before you host a party or when planning noisy home improvements/construction.
- Bring in the mail, water plants, and watch their home when neighbors travel.

They say that we get what we give. They also say, *“A year from now they won't remember what you said, but they'll remember how you made them feel.”*

Glenn

Meet Your New Neighbors

We are happy to have these lovely ladies as part of our community and hope everyone will take the opportunity to introduce themselves and give each a warm welcome!

Nena Falkenstein @ 38037 Via La Colina

Nena was born in Mount Nebo, West Virginia, and moved to our community from Palomar Mountain. After many years of working as a baker, Nena recently retired and decided it was time for a change. In her free time, Nena enjoys sewing and participating in activities in the community. She also enjoys water aerobics, and her interests include keeping up with the news and sewing.

Kristi Bartzis @ 28698 Via Princesa

Kristi was born in Greece and moved here from Temecula. Kristi has friends here, including Kathy the hairdresser. She retired from caregiving. Her hobbies are cooking and cleaning. She enjoys playing cards and bingo, and loves gardening.

2026 Volunteers

Activities Coordinator
Open Position

Clubhouse Rental
Cindy Davis
951-551-4381

Library
Sue Starling

Newsletter
Ray Clark

Senior Advocate
Open Position

Streets/Infrastructure
Jim Francis
951-440-2215

Welcome Committee
Joanne Marsh
714-401-7648

Fire Safety Coordinator
James Sebring
760-294-1122

Website
James Sebring
760-294-1122

Police (non-emergency)
951-304-2677

Waste Management
(Trash bin replacement)
714- 558-7761



From the Treasurer– Joanne Marsh

WSK HOA FINANCIALS

YTD as of end June 2025

Total Operating:	\$ 118,186.95
Reserves:	\$ 214,635.95
CD Investments:	\$ 153,692.77
Total Reserves:	\$ 368,328.70
Total Funds:	\$ 486,515.60



From the Vice President– Jim Waters



Property Maintenance in Warm Spring Knolls

by Jim Waters



As homeowners in WSK we each received the WSK CC&Rs and Bylaws. Many of the rules in these documents are CA HOA law and some (such as the age restrictions) are federal law. That's why one of the most important responsibilities your WSK Board of Directors has is the enforcement of compliance with these rules.

As Vice-President, I have been directed to focus on compliance with the **property maintenance requirements** in our governing documents as follows:

CC&Rs Section 6.2 - Maintenance Responsibilities

"Each Lot Owner shall at their sole cost, maintain and repair their lot and all improvements there on, including landscaping, keeping the same in good condition and in conformance with the specified standard for safety and maintenance of the Lot and landscaping."

That means that the landscaping is maintained and that the home and any other structures on the property are kept in good condition. I look around our neighborhood and see that most homeowners take wonderful care of their properties and for that WE THANK YOU!! That makes my day!

Special Circumstances

We understand that WSK property owners may experience circumstances that prevent them from performing required maintenance. If this is the case, you should contact me or our President, Glenn Ingraham.

But, as you know if you travel through our community, there are some that aren't as committed to keeping their properties in good shape. In those cases, our Board of Directors always addresses the issue with a phone call or an in-person discussion. If that doesn't get us where we need to be then we will go down the road towards issuing a violation and ultimately a fine. If that doesn't do the trick then we turn back to our CC&Rs for further actions that the board can take.

A Brief Note to WSK Renters: Thank you for maintaining the property as if it were your own. WSK greatly appreciates your efforts.

We all want to live in a community that is safe and one that shows that we take pride in our homes. Maintaining our property values is one way to accomplish this.

Please contact me Vice President Jim Waters or Glenn Ingraham with any questions.

From Keys & Calendar– Cindy Davis

WELCOME SEPTEMBER, WARM SPRINGS KNOLLS RESIDENTS



As we welcome September, let's enjoy the last days of summer and look forward to the change of season ahead.

Be sure to keep an eye on the **Calendar** for important HOA dates, meetings, events, and community reminders throughout the month.

Wishing everyone a wonderful September filled with good health, happy moments, and plenty of opportunities to enjoy our beautiful community!

Have a safe and fun Labor Day Weekend!

Cindy

MURRIETA MARKET NIGHTS



Join us for a lively evening under the stars, celebrating our community with local artisans, musicians, delicious food, and rich culture! Murrieta Market Nights are held on the 1st and 3rd Thursday of each month,

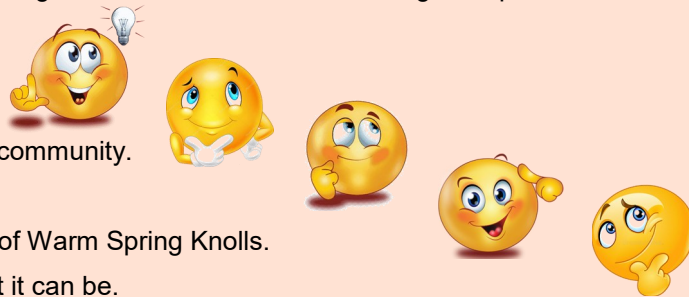
- Getting Involved -

Have you ever thought about getting more involved in our community and helping make Warm Spring Knolls an even better place to live?

We are inviting homeowners who are interested in making a difference to consider running for a position on the HOA Board of Directors.

Serving on the board is a wonderful opportunity to:

- Share your ideas and perspective.
- Help make decisions that benefit our community.
- Meet and work with your neighbors.
- Be involved in planning for the future of Warm Spring Knolls.
- Help make our neighborhood the best it can be.



You don't have to be an expert—just someone who cares about our community, is willing to learn the CC&Rs and Bylaws, and is interested in participating.

Come help us be part of the solutions.

We would love to see some new faces, fresh ideas, and enthusiastic homeowners step forward. Please consider joining us and becoming part of the team that helps shape the future of our community.

Your voice matters. Your ideas matter. And your community needs you!

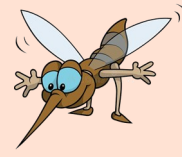
We are accepting nominations in October.

Feel free to reach out to any of the board members or visit the office Fridays between 9 and 12 for more information.

Thank you, from the WSK HOA Board of Directors.



A little late in the season but still...



Mosquito bites are annoying and bordering on painful. But what can we do besides using Benadryl spray (which kinda works)? Most of us just scratch or try to ignore it until it stops itching. But!... ever hear of the **Hot Spoon** method to stop the itch? It works.

Note: This is NOT an instruction manual or guide. I'm only describing how I learned the method and how I do it. If you do something different and get burned, that's on you. Ok, first I run the tap to get the flow of hot water coming, then I hold a spoon by the handle and let the water flow over the cup part of the spoon. If you have your water heater turned up high be careful not to burn yourself! Then once the spoon is thoroughly heated by the flowing hot water, I shut off the water and place the tip of the spoon cup on the mosquito bite. Yes, it does hurt a bit. But I've done it many times now and know it's going to be hot. As the spoon cools I move the spoon cup around over the bite to expose it to other hot parts of the spoon.

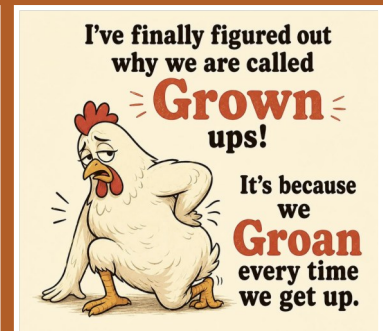
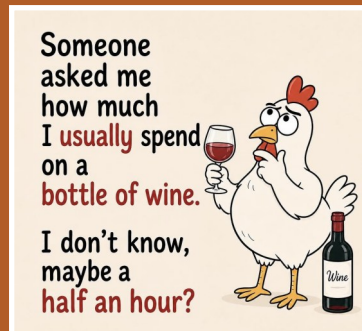
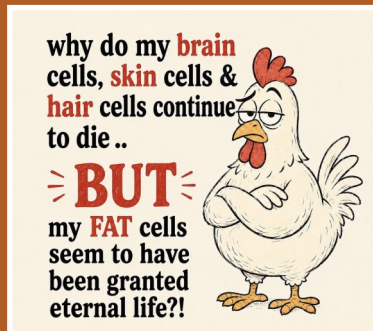
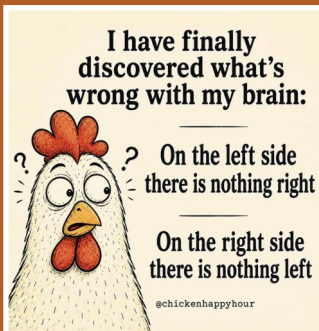
The science behind the trick is that the heat denatures the proteins left behind from the mosquito's injection which allows the body to heal more quickly. This is not something to try with spider bites. Spiders inject venom and the effects from that venom can actually be made worse with the hot spoon method.

Alternative Method rather than Hot Spoon → **Ice Cubes**

Ice relieves mosquito bite discomfort by numbing nerve endings and narrowing blood vessels to quickly reduce swelling, inflammation, and the itch signal sent to your brain. Put 4 to 5 cubs in a zip-lock baggie and hold it on the bite for 5-10 minutes. If it feels too cold, fold a paper towel and lay it on skin first. **Hint**— the colder on the bite the faster it works!

How Ice Works on Bites;

- **Numbs the skin:** Cold temperatures slow down nerve signals so you do not feel the itch.
- **Shrinks blood vessels:** Cold makes blood vessels smaller, which cuts down blood flow to the spot.
- **Lowers swelling:** Less blood flow means less puffiness and redness around the bite.
- **Calms histamine:** It stops the immune response from spreading the irritation further.



- Gossip makes the world go round -

Yes, actually it does. People who study the history of language credit gossip with being the driving force in the early development of language. What more did the ones left behind in the hut have to do but talk about the ones out there foraging for dinner?

At its simplest, gossip is just communication. The sharing of information. Which is a good and important thing. 'See something, say something,' right? We all do it. But remember that slumber party game called 'telephone'? The first person whispers something very specific to the second person, who turns and whispers it to the third person, and on until the last person blurts out what they think they heard, and it's nothing like what the first person said! That's why 'gossip' can also be hurtful and harmful; everyone just loves the juicy bits. Next time someone is dishing on someone, just ask yourself... who might they be talking about when **you** are not in the room? The simplest way to defeat mean, small-minded gossip is to not participate. Change the subject. Or if you really want to go over the top, try complementing someone who's not there.



CALLING ALL CRAFTERS!



A Fall Craft Fair will be held at the Golf Knolls Clubhouse on October 3, 2026 from 9 am - 2 pm, hosted by the Community Club. If you are interested in reserving a table at the Craft Fair, please let us know. All units are invited to participate.

All crafts must be HAND CRAFTED. Crafters will be supplied with a 6' table and 2 chairs, and there will be a \$20 reservation charge to hold your spot. Crafters must supply their own floor-length tablecloth. Crafters must also fill out an application so that we have your information on file.

All crafters can enjoy complimentary coffee and pastries in the morning as well as a reduced-price bag lunch. There will also be a bake sale for all to enjoy.

All bakers who wish to contribute to the bake sale, please call: Jane @ (951) 763-9676

All crafters interested in reserving a space for their crafts, please contact:

Glenda @ (951) 239-9389 (TEXT ONLY, please) OR Marian @ (951) 295-2518

I used to hate facial hair, but then it grew on me..... I sold my vacuum cleaner. It was just gathering dust.

I got hit in the head with a can of soda yesterday. Luckily, it was a soft drink.

I used to play piano by ear, but now I use my hands.

I stayed awake all night to see where the sun went. Then it dawned on me.

I wasn't going to get a brain transplant, but then I changed my mind.



“Attention: All Warm Spring Knolls Game Lovers”

A No Host LCR to be starting September 23, flier is on next page.

You may bring your choice of beverage and a lite snack if you choose.





Come Join us!

Wednesday, September 23, @6:00pm

At Warm Spring Knolls Clubhouse

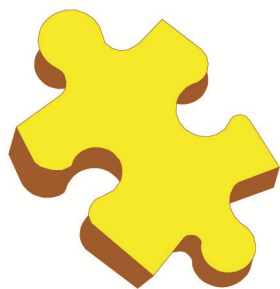
Bring 9—\$1 bills

We will play 3 games

Also bring your choice of beverage and a lite snack if you choose.



*“ May the sweet memories you make in September,
keep you warm through the fall days ahead”*



A PUZZLING SITUATION - SOLVED

The clubhouse puzzle inventory was overflowing. So a few of our WSK's resident jigsaw puzzlers, gathered Monday, August 3rd to meet & enjoy each other's company.

After pizza at 6pm, the collective 'meeting of their minds' help pare down the 162 present volume of puzzles to just over 100. After the selections were separated into 'keep' and 'donate' we took a group picture, each of us with a puzzle of our choice.

We even left with a few under our arms to start puzzling at home!!

And if you are so inclined:

- Select your puzzle(s)
- Take them home
- Enjoy puzzling
- Return • **REPEAT!!**



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- ✓ Help you avoid costly mistakes by understanding your healthcare



"Make It A September To Remember"



Paula Michalski

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WSK Buy, Trade & Sell**

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WarmSpringKnollsHOA

Website

www.theknollofmurrieta.org

Follow Us

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GK Bible Study at Golf Knolls Clubhouse Sunday morning's 10-11am		1 Pool Aerobics 9am Chair Yoga 9am-10am Line Dancing 12-1:30pm Cards 1:30- 4pm	2 Pool Aerobics 9am Chair Exercise 10:30am-11:30am V-J Day 1945	10 Pool Aerobics 9am Matt Yoga 9:am-10am TRASH DAY	4 Pool Aerobics 9am Chair Yoga 9:am-10am HOA OFFICE - Susie Hours 9-12	5 Line Dancing 12-1:30 pm GK BBQ's Sat's 4:30-6:pm
6 Pool Aerobics 9am Chair Exercise 10:30am-11:30am Labor Day	7 Pool Aerobics 9am Chair Exercise 10:30am-11:30am	8 Pool Aerobics 9am Chair Yoga 9am-10am Line Dancing 12-1:30pm Cards 1:30- 4pm	9 Pool Aerobics 9am Chair Exercise 10:30am-11:30am Activities Volunteer Meeting 4:30pm @ clubhouse	10 Pool Aerobics 9am Matt Yoga 9:am-10am 	11 Pool Aerobics 9am Chair Yoga 9:am-10am HOA OFFICE - Glenn Hours 9-12 Patriot Day TRASH DAY	12 Line Dancing 12-1:30 pm
13 Pool Aerobics 9am Chair Exercise 10:30am-11:30am Grandparents Day	14 Pool Aerobics 9am Chair Exercise 10:30am-11:30am	15 Pool Aerobics 9am Chair Yoga 9am-10am Line Dancing 12-1:30pm Cards 1:30- 4pm	16 Pool Aerobics 9am Chair Exercise 10:30am-11:30am	17 Pool Aerobics 9am Matt Yoga 9:am-10am TRASH DAY	18 Pool Aerobics 9am Chair Yoga 9:am-10am HOA OFFICE - Jim Hours 9-12 POW/MIA Recognition Day	19 Line Dancing 12-1:30 pm
20 Pool Aerobics 9am Chair Exercise 10:30am-11:30am	21 Pool Aerobics 9am Chair Exercise 10:30am-11:30am	22 Pool Aerobics 9am Chair Yoga 9:am-10am Line Dancing 12-1:30pm Cards 1:30- 4pm First Day of Autumn	23 Pool Aerobics 9am Chair Exercise 10:30am-11:30am LCR @ 6pm WSK Clubhouse	24 Pool Aerobics 9am Matt Yoga 9:am-10am TRASH DAY	25 Pool Aerobics 9am Chair Yoga 9:am-10am HOA OFFICE - Cindy Hours 9-12	26 Line Dancing 12-1:30 pm
27 Pool Aerobics 9am Chair Exercise 10:30am-11:30am GK Women's Luncheon @ 12pm	28 Pool Aerobics 9am Chair Exercise 10:30am-11:30am GK Women's Luncheon @ 12pm	29 Pool Aerobics 9am Chair Yoga 9:am-10am Line Dancing 12-1:30pm Cards 1:30- 4pm	30 Pool Aerobics 9am Chair Exercise 10:30am-11:30am			