

Warm Spring Knolls (WSK)

A 55+ Community

Neighborhood News

38145 Via Del Largo
Murrieta, CA 92563

Office: (951) 677-5758

wsk.murrieta@gmail.com

Office Hours:
Fridays - 9 to noon

Check the Calendar for
the next Board Meeting

2022 Board of Directors

President

Glenn Ingraham
951-642-2897

Vice President

Henry Kantrowitz
951-202-1130

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James Sebring
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Marcia Livingston
951-440-5611

Architectural Director

Rick Martinez
559-816-9240

Facilities Director

Nancy Misko
805-268-0523

Keys & Calendar

Terry Quinn
541-788-8293

If you have an opinion,
a brief article, a joke, or
an interest that you
would like to see in the
Newsletter, send it to the

∞ editor at: ∞
newsletter.wsk@gmail.com

Holiday
lighting
thanks
to Bud
& Chris!



January 2022

From the 2022 Board of Directors

As we ease quietly out of the door from 2021, we should all take a well-earned breath. It was supposed to be better than 2020, and in many ways it was. But sadly, we lost some good people and close friends, and the pandemic didn't just go away like it was supposed to. Now we're standing on the doorstep of 2022, looking ahead to the year that could be. What will we make of it? For ourselves, for our family, and for our community? Those of us that serve our friends and neighbors in WSK know that making things better always starts with a little elbow grease. There is no substitute for stepping up to help make good things happen. Nancy Misko and her team of helpers are perfect examples of people who understand that. They want to see people enjoying life and feeling appreciated, so they bought the goodies, stuffed the bags, then invited others to join them in a twilight holiday parade to give out a bit of love. Enjoying life and sharing. Not a bad way to end a turbulent year, and to welcome in the promises of a new one, just beginning.

Best wishes to all for a Happy and Safe New Year!

You Ought to Know...

Rain!!

Ah, rain at last! And here's hoping that we get more in the next few months. But one problem with rain is when it comes on or just after trash day. After the trash truck finishes emptying a bin, it is left with the lid open, which allows the rain to accumulate. It's hard enough to maneuver the bins. Now add a few gallons of water that has to be emptied...! If you see a neighbor's bin standing open in the rain, do them a favor and flip the lid closed.

Check Your Spam or Junk Folder...

People are doing a great job of getting themselves set up on AppFolio, our new HOA management system. Many have attended the AppFolio classes hosted by James Sebring, and some have asked for and received individual instruction from many of us on the board. One common problem we've seen is that some have not seen the AppFolio invitational email in their inbox. If that might be you, please be sure to check the Spam or Junk folder in your email program. And as always, you are welcome to call the board (951-677-5758) with any questions.

Fun for You

Come check out the clubhouse library. For the past 10 years it has been kept up by the

diligent attention from long-time WSK residents (27 years!) Pierce and Norma Box. Recently, Henry and Terry have added to that effort by expanding the selection.

Did you know that there are also racks of DVDs to choose from? And don't forget to look over the selection of jigsaw puzzles that is maintained by Kris Runkel.

By the way, Maxine has suggested that we have a 'Puzzle Table' at the clubhouse, where a puzzle will always be in the works for any and all to... well, to puzzle over at their leisure.

SoCal Edison

Residents on Via Arboleda are enduring the noisy presence of a diesel generator that runs 24/7. It had to be installed temporarily while SoCal Edison finds the power cable under Via del Largo that caused the recent power failure. You may also notice the security guard that parks near the generator to keep an eye on it.

A big Thanks...

Goes out to Craig Coffey and to Duane and Amparo Fields for their daily help in locking and unlocking the spa building!!

**WSK Annual Meeting
January 16 @ 3 pm**

2021 Volunteers

Activities

*Marcia Livingston
951-440-5611*

Audit Committee

*To be determined
XXX_XXX_XXXX*

Clubhouse Rental

*Terry Quinn
541-788-8293*

Emergency Prep

*Holly Martinez
559-816-0635*

Library

*Pierce & Norma Box
951-696-1070*

Newsletter

*Glenn Ingraham
951-642-2897*

Senior Advocate

*Shelby Price
951-461-7557*

Streets/Infrastructure

*Jim Francis
951-440-2215*

Website

*James Sebring
760-294-1122*

Welcome Committee

*Terry Quinn
541-788-8293
Holly Martinez
559-816-0635*

Murrieta Senior Center

(951) 304-7275

Police (non-emergency)

(951) 304-2677

Waste Management

(Trash bin replacement)
(714) 558-7761

Daffynitions

Heroes:

What a man in a boat does

Pharmacist:

A helper on a farm

From the Treasurer – James Sebring



WSK HOA Financials -

YTD as of December 31, 2021

Operating Account: \$ 47,198

Reserve Checking: \$ 55,292

Reserve Savings: \$ 134,517

2021 ended on a pleasant note. We accomplished several major projects and ended the year with a reasonable bank balance. Our total Reserves ended the year with close to \$190,000 and our Operating account with over \$45,000. We began a new HOA Management Program, AppFolio, which allows Homeowners to make payments directly and to have access to their account information anytime. We are very pleased with the community response in getting their Personal Log-ins activated and payments set up. We have encountered the usual startup problems, but less than expected. This new system will allow better access for the Homeowner and better control for the Treasurer both current and future. It will also allow for better communication between the Homeowner and the Board.
Best wishes to you all in the new year.

The 'A' Team – Terry Quinn

From your WSK Activities Committee

A whole new year of fun lies ahead for our WSK community. The first committee meeting for 2022 will be on January 11 at 3pm at the Clubhouse. Everyone is welcome to attend as we brainstorm ideas and prepare for light-hearted entertainment for the community.

But, before we move forward, a big SHOUTOUT is in order to Nancy Misko for her coordination of the Christmas Parade. She starts planning for the next holiday parade the day after the one we just had! No joke!

The Committee gathered before the parade to stuff giveaway bags (40) and complete the decorations in the Clubhouse. After the parade we had a GREAT turnout for the potluck. Thanks everyone for such a great party.

So, please join us on **January 11 at 3pm** to get this year off to a fun start.

Sincerely, Your Coordinators; Nancy, Josie, Marcia, and Terry

Senior Advocate – Shelby Price

The California Real ID is an upgrade to the standard CA driver's license. Do you have to get a REAL ID?

No. A REAL ID driver's license or identification card is optional.

A REAL ID is needed if:

1. You wish to continue to use your driver's license or ID card to board domestic flights within the U.S.
2. You wish to enter secure federal facilities.

If you want to continue to use a U.S. passport, U.S. passport card, military ID, enhanced driver's license, or other federally accepted identification to do those things, you do not need to get a REAL ID, however, it is recommended.

To obtain a CA REAL ID you will have to visit a DMV office and bring proof of CA residency. For detailed info on the types of documents you will have to have on hand, go to the DMV website or do a web search for CA REAL ID.

WELCOME COMMITTEE – Terry Quinn & Holly Martinez

Our newest resident, Bridgett Mitchell, just moved to 38069 Via la Colina. She hales from San Jose via Arizona and landed here because AZ was way too hot. She worked in the Wine Industry so now we have an expert in our midst. She loves to hike and has two very friendly small dogs.

More new residents are still moving in, so once again, let's give them a WSK Welcome!



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FRANK SANDOVAL
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Lic# OL74083

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Goodbye Eve

WSK recently lost longtime resident Eve Japha. She was 96 and had lived here for 35 years. She moved to WSK with her husband in 1986. Born in Russia, at 3 her family fled to South Africa where she lived until immigrating to California in 1965. She is survived by a brother who lives in Australia. Her ashes will be distributed at sea.

MORE FOR YOU

Benefits Checkup by
Kristina Merrick



I am YOUR Local Medicare Advantage Plan Health expert which includes Medicare-Medi-CAL Plans, Medicare Supplement Plans, Prescription Drug Plans, and Individual Family Plans. This Fall, there will be changes to many health plans so be sure to call me with your questions. If you're leaving a Group Plan or turning 65 this year, call me right away to assist you in the transition from Group to Individual Insurance.

Are you getting all the money-saving benefits that Medicare can offer you? Call to find out.

Kristina Merrick

(951) 805-7588 (TTY:711) 9am to 5pm
email: KMerrick@SBHIS.net
www.sbhis.net

The New Year – Shelby Price

After you celebrate New Year's Eve, it's time to get to work on those New Year's resolutions! If you are looking for a way to start the new year fresh, consider changing your look, tidying up your life, and setting goals and intentions. You can do things like get a haircut, donate unworn clothing, start a workout routine, or perform more random acts of kindness. Having a schedule is also important for you to help stay on task, achieve more, have an organized day, and stay positive, which can help you feel happy, which then spreads to others, so they feel that same happiness. Little changes can affect those around you positively, so choose wisely. Whatever approach you prefer, it's great to start the new year feeling refreshed and focused, so you are ready to take on the year ahead.

I've finally reached the Wonder Years!

Wonder where my car is parked?

Wonder where I left my phone?

Wonder where my glasses are?

Wonder what day it is?

Are you House Rich but Cash Poor?



A reverse mortgage loan can improve your "Quality of Life" and give you "Peace of Mind" SM

Home Owners 62 and older:

- Supplement your retirement income
- Never make a monthly mortgage payment (Responsible for property taxes and homeowner's insurance)
- Tax-free money
- Lump sum, monthly payments, line of credit; or combo
- Will not affect Social Security or Medicare Benefits (May affect Medicaid and SSI)

Most reverse mortgage companies want to do business over the phone and use the US Postal Service.

I do business "The Old Fashion Way", I come to your home and meet with you face to face at your kitchen table.

Helping Seniors realize their desires while still residing in their homes. SM

Seniors can purchase a new home and do a reverse mortgage loan at the same time, enabling them to move into their new home with no mortgage payments for the rest of their lives.

They are responsible for property taxes and homeowner's insurance.

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Getting Started with AppFolio

HOA Management in the 21st Century

Thanks to all who have responded to our requests for emails and who have gone on to activate their accounts. Our goal is to make paying our association fees fast and easy, for our residents and for the board. And that means that we – just like the gas and electric and water utilities, and just like the cable, phone, and internet providers – are moving beyond processing checks to online bill pay systems. However, the board does understand that this is a community of older folks, and not all of us use email or even have a computer. If you are one of those folks, just let us know and we'll find a way to accommodate you.

A couple of things to remember:

- *If you want to use AppFolio to pay your fees but **don't have a home computer**, give the board a call and we'll help you get set up.*
- *If you cannot pay your fees using AppFolio and you must **use a check**, please try to pay your annual fee all at once in January. Contact James for more info.*
- *There will be only **one login portal per household**, even though many households have multiple members, each with their own email address. Just make sure you tell us which one you want to use.*
- *Some of our residents **get help from a son or daughter** with managing their bills and that is who they have authorized to act on their behalf in AppFolio. Let us know if you would like to have us talk to someone on your behalf.*
- *When setting up payment in AppFolio, remember that you can choose **how often fees** are sent from your bank – **monthly, quarterly, semi-annually, or annually**.*

If you haven't already given us your email address, please send the board an email with your **Name, Address** (WSK address, and, if you are an off-site owner, your permanent mailing address), and **Phone Number** to:

wsk.murrieta@gmail.com

Join our 'How-To' Training Session on Thursday, January 4th at 11 am at the clubhouse office.

Tired of Price Hikes on Your Mobile Home Insurance?

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new and older homes in California and Arizona!**

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CA license 0D50865

Rates are examples of replacement cost on newer manufactured homes in most CA parks with a \$500 deductible.

Daffynition of 'Rubberneck'

What you do to relax your wife.

New Year's Resolutions – *Shelby Price*

- 1) Focus on things that truly matter - like family, friends, simple joys.
- 2) Eat more nutritiously - To lose weight or simply to improve your health.
- 3) Those we love - Pledge to spend more time strengthening the ties that bind.
- 4) Exercise more & become more fit - Use free apps on your phone or use TV or videos. Exercise at home - it is free! Call your health insurance company- does it come with plans like Silver Sneakers?

Note: Cosco sells discounted memberships for 24 Hr Fitness.

Respecting the World in Which We Live

- Henry



Ancient Mother Earth,

We don't own her, we are a part of her. Her pulse can be seen in the waves that approach and retreat from the shore. Each wave is a sign that she is still alive. We see the beauty in the water that is her life blood. Water, which is precious to her and to us, keeping us both alive. After all, she is called the water planet. Her arteries are the rivers that flow over much of her body. We need them as much as she does because without them we can't continue nor can she.

As she continues to develop she needs to stretch and exercise her tremendous muscles frequently. We get scared but she really isn't purposely trying to hurt us with her tremors. She needs to do this to grow and change, just like we need to grow and change as we get older and hopefully become more evolved. I think she is trying to tell us we need to grow and change with her, not conquer her.

We take her for granted and think she is stronger than she really appears. She seems to have survived every crisis so far. She has adapted well for her age and continues to be going strong, or is she?

I have noticed over time that her health is degenerating. Her arteries are getting more and more clogged. So clogged, that we can't drink her life giving blood without a purifier. She has become clogged in every one of her major arteries throughout her body, with huge formations of cholesterol and plaque (our garbage and pollutants).

Her massive lungs are our forests which are being reduced at a phenomenal rate and are taking on so much work that she has a hard time breathing, as so do we in our cities. Her forests are being cut down and are dying from air pollution.

Mother Earth has yet another problem, she has a fever that is on the slow rise. This too is an indicator that she is not feeling so well. Her cooling system is beginning to deteriorate. Huge chunks of her structure (glacial ice) are breaking off and melting away. Even her aura (the ozone layer) is decreasing in some areas. We now witness huge gaps of her aura causing large parts of her immune system to break apart. As a result, excessive ultraviolet light waves penetrate our system which injures our fellow inhabitants (plants and animals) and our own skin and eyes as well. Mother Earth has taken care of us since our beginning. Now that we have grown up, shouldn't we take some responsibility and take care of her?

Here are several life changes that can help save her and us, so we can all live happily ever after.

- *Be kind to animals, don't eat them! Let's start showing the same love and compassion we have for dogs and cats with all other animals on the planet. The global cattle industry causes more climate change than all the cars, trains, planes, and ships on our planet. Cows produce over 100 million tons of global warming methane gas in the U.S. alone. According to the Environmental Protection Agency (EPA), the runoff from factory farms (cattle, pigs, chickens, and turkeys) pollute our waterways more than all other industrial industries combined.*
- *Practice the Three R's, Recycle, Buy Returnable bottles, and Re-use plastic water bottles and resealable plastic bags.*
- *Don't buy products overly wrapped with plastic and/or Styrofoam.*
- *Avoid using aluminum foil. If you do use it, then clean and dry it after use so it can be re-used. Much aluminum is mined in the tropics and causes catastrophic pollution in the rivers that flow through the rain forests.*
- *Mother Nature would prefer if you would eat organic foods and drink shade grown/organic coffee to keep her arteries clean from pesticides, herbicides, and artificial fertilizers. You and I will be healthier and so will she.*
- *We all need to take responsibility to care for Mother Nature and to pass on her good health to the next generation.*

A Happy and Healthy New Year to all of you!

Looking for a  Friend that will Love you Always?

One waits just for you!
Call "Friends of the Valley" 951-506-5069



I went to the liquor store on my bicycle, bought a bottle of Jack Daniels and put it in the bicycle basket. As I was about to leave, I thought to myself that if I fell off the bicycle, the bottle would break. So, I drank all the Jack Daniels before I cycled home. It turned out to be a very good decision, because I fell off my bicycle seven times on the way home.

Our second annual WSK Golf Cart Giving Parade was a huge success. On Friday December 17th, several of our residents gathered to parade our festively decorated golf carts and vehicles through the streets of WSK, giving out over 40 goodie gift bags and treat bags to some of our special residents.

After the parade we gathered at the beautifully decorated clubhouse and had a potluck with lots of good food and drink as well as holiday music.

Debbie Pfeiffer graciously donated a beautiful Christmas wreath she had made for a raffle to everyone who attended. Congratulations to the winners, the Dillworths.

We look forward to getting more people involved next year and making this an annual event.

- Nancy Misko



The cart parade gets ready to hit the streets



Scruffy Says... "Making way for other stuff..."

There are too many good photos in this issue for me to take up any room on my adventures. But be sure to check back next month. I discovered a bundle of rags that turned out to be... well, I'll tell you all about it next time!

**Holiday Potluck**

After the cart parade finished winding through the streets to deliver goodies, neighbors gathered at the clubhouse for conversation and good food. A shout out goes to all those that brought the tasty dishes that they had prepared. There were so many to choose from! As always, the Activities Team did a great job of preparing for and cleaning up after. Thank you, Ladies!!



Above is the Holiday wreath made and donated by Debbie Pfeifer. Congrats to the Dillworths for taking it home!



WSK Clubhouse Calendar

January 2022

We're on the Internet!
www.theknollofmurrieta.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1/8
2	3	4	5	Epiphany - Christian	Christmas - Orthodox	January 1 st New Year's Day
9	10	11	12	Trash Day	Board Office Hours 9-12 James Sebring	January 8 th Private Party
16	17	18	19	Trash & Recycle	New Year - Orthodox Nancy Misko	14
23	24	25	26	Trash Day	Board Office Hours 9-12 Henry Kantrowitz	15
30	31	January Birthstone Garnet	January Flowers Carnation	Board Office Hours 9-12 Terry Quinn	21	22
					28	29
						30

- Pool is closed until late Spring
- Spa is open until 9 pm
- Clubhouse is open (pool table, ping pong)
- Clubhouse is available to rent for parties

