



SYCAMORES: MORE OR LESS



Photos by Ted Vollmer

PHOTO LOP: Workers from Green Oak Tree Care trim the 13 Sycamores at the Spring Knolls Clubhouse. The annual "crew cut" is needed in part because tens of thousands of large Sycamore leaves would die and fall, with many then blowing into the clubhouse grounds and swimming pools.

Oct. 22 General meeting

Candidates, budget, ice cream, oh my!

Spring Knolls' general meeting for homeowners is just weeks away.

The 1 p.m. Oct. 22 meeting in the clubhouse's Eaker Hall is not only the annual time when residents meet board candidates, but also your final chance to decide if you wish to run to sit on the board.

If you haven't been contacted by the nominating committee or haven't contacted them yet, you have until Oct. 22 to

do so. **Chris Heilbron**, at (951) 805-6376, is gathering names of those interested.

There are four open seats for the nine-person board. Incumbents include Holli Hanson and Sandy Vollmer.

At the meeting, you will hear from the declared candidates. Ballots will be sent out December, and results announced at the Jan. 14 annual meeting. As a thank you for coming, ice cream will be served.

Some words you just have to use because they fit

We use words everyday to convey a multitude of messages. Most are standard "everyday" words.

Others aren't in our usual vocabulary and for good reason. While innocent sounding many of those can signal danger or cost — or both.



Sandy Vollmer
SKA
president

Examples? I figured you might want some, so here are just a few.

- **Rejuvenation.** A word not commonly used every day, and particularly not referring to landscaping. At least not in my world.

See **SK PRESIDENT**, page 2

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spring knolls 2022 directors



• *President.*
Sandy Vollmer
(951) 319-6749



• *Vice President.*
Jan Towers
(951) 616-4443



• *Treasurer*
Holli Hanson
(661) 972-0799



• *Secretary & Rules, Regs, Policies & Procedures Director:*
Shawnee Miller
(951) 677-6862



• *Residency Data & FOB Administrator:* **Candy Lee**
(951) 239-0669



• *Facilities Director:*
Ron Sieber
(951) 541-6276



• *Common Grounds, Streets Director:* **Debby Adelhelm**
(760) 717-9876



• *Architectural Director:*
(interim)
Cindy Woody
(319) 239-7797



• *Director (interim)*
Charlene Kirkwood
(951) 348-0042

support Leaders

- *Spring Knolls Emergency Response Team:*
Alan Hanson (714) 493-1709
- *'In the Know in Spring Knolls':* **Cindy Woody (319) 239-7797** Intheknowsk2022@yahoo.com
- *Caretaker:* **April North (951) 722-0759**
- *SK common grounds:* **Miguel Enriquez**
- *Trash cans:* **Alan Hanson (714) 493-1709**
- *Senior helper:* **Bill Williams, (951) 212-1348**
- *Spring Knolls Boosters:* **Dorothy Vaughn, president (951) 696-0871**
- *Library Coordinator:* **Karen Jacobs (951) 265-6292**
- *Spring Knolls News:* **Ted Vollmer (951) 319-6749;** tscjnews@gmail.com
- *Spring Knolls News, flyer delivery team:*
Debby Adelhelm, Dorothy Vaughn

SKA President Rarely used words have special meaning to us

From page 1

• **Cost-of-Living.** A word carrying both positive and negative meanings.

• **Life expectancy.** A term that can make us apprehensive. We cringe when it describes our appliances, machinery, roof, vehicles because it usually means we're going to incur unexpected replacement or repair expenses.

• **Hazardous.** Used to warn us of danger, caution and potential harm. Now to show you how these four terms relate to Spring Knolls.

I garden, but had never heard "rejuvenation" applied to plants. Recently, I was aghast when our landscapers seemingly destroyed many bushes along the Via Princesa border of the clubhouse. Come to find out that's a "rejuvenation" technique. Severely cutting back some of our plants and trees is long overdue and more are in process.

"Life expectancy" is a related term we don't like to hear because it often refers to something terrible on the horizon. In Spring Knolls the term refers to aging clubhouse appliances, the roof, pool machinery, plumbing, air conditioning, etc.

This year, we've had some "life expectancy" repairs; and some were costly. Overall, though, Director of Facilities Ron Sieber reports we're doing OK ... for now. As homeowners we know that "OK" can change

in a heartbeat. We'll keep our fingers crossed.

Cost-of-living is a term that, with inflation, affects our home and HOA budgets. The term is defined as the "monetary cost of maintaining a certain standard of living" and from there percentage increases are calculated. Cost-of-living adjustments, or COLAs, affect us individually and collectively. As we've previously reported, for years there were no HOA dues increases despite inflation. Incremental COLA dues hikes would have been prudent since costs rarely go down. That said, your Board is doing its best to minimize dues increases in order to maintain an adequate reserve fund for emergencies and what are becoming more costly street and infrastructure repairs.

Hazardous is a scary word, right? No one wants to be exposed to anything hazardous. Your Board is always on the lookout to protect residents from anything reported or discovered that's deemed hazardous.

Our email blast system, *In the Know in Spring Knolls*, is our quickest way to alert you to any hazards: weather, fire, etc. Please enroll in that free email system. See **Page 6** to learn how, or contact Director **Cindy Woody**. Her number is on the far left of this page.

Now for my parting words. I hope you all have a good month and will come to the Oct. 22 general meeting, meet the candidates and have some ice cream. The very best to you all ... those are words to live by, don't you think?

Spring Knolls Board, September, 2022 report

Approved/Reported:

- Cleaning of carpeting in Eaker Hall, billiard room, library and card room, not to exceed \$1,200.
- Approval of 3 Boosters events in Eaker Hall: Halloween Party, Oct. 29; Veterans Day lunch, Nov. 11 and Christmas Holiday party, Dec. 3.
- Treasurer's report, **Holli Hanson**. (August): Operating funds **\$225,775**; Reserve funds, **\$498,246**. Year-to-date NET ordinary income **\$193,132**.

The next Board of Directors meeting is 9:30 a.m., Wednesday, Oct. 19, in Eaker Hall. All Spring Knolls Association members welcome. Agenda will be posted in two bulletin boards and through Intheknowsk2022@yahoo.com

Please make sure leaves don't fall off your to do lists!

By Jan Towers

Fall has fallen and we soon will all be enjoying the cooler days and nights.

With this cooler time of year it's a great time to trim trees and shrubbery around your home.

Also be mindful of the leaves and pine needles that can accumulate in your gutters and yard.

Leaves and pine needles are not only messy, they pose a fire hazard, particularly in wildfire season. They ignite quickly and winds can easily carry them quite a distance

and start new wildfires that endanger buildings and residents.

We've contacted the Murrieta Fire Marshal, and in some cases will expect him to visit Spring Knolls when any properties are deemed fire hazards.

That can result in citations that lead to city fines and orders to bring properties up to code.

Per CC&R Section 6.2, all Spring Knolls property owners must keep and maintain the exterior of their buildings in good condition including repairing, clean-

ing and painting.

In addition to yard maintenance to avoid unsightly conditions, all property owners must keep the street area abutting their lot in a clean and weed free condition.

Failure to keep your properties maintained can result in fines and/or other penalties, so please help keep Spring Knolls beautiful.

It takes all of us to keep up our community. Thank you for your cooperation!

—Jan Towers is Spring Knolls vice president and Compliance Director



Let's find our veterans and invite them to lunch

For the second consecutive year, the *Spring Knolls News* will join the Boosters in honoring veterans living in Spring Knolls, or who once did.

On Veterans Day, Nov. 11, the Boosters will hold a free luncheon in Eaker Hall for veterans and a guest from all three Knolls units.

Also, in November, the *Spring Knolls News* will list all veterans from Unit 1. Last year, more than 160 names appeared from all military branches.

Help us identify any veterans we may have missed, either past veterans or new ones to our community.

Questions? Please contact Booster President Dorothy Vaughn at (951) 696-0871, Jan Towers at (951) 616-4443 or *Spring Knolls News* editor Ted Vollmer at (951) 319-6749 with any questions, or veteran names you might have. Thank you for your help.

Ho👉gePodge

CARPET CLEANING: It's been years, so on Monday, Oct. 3, the carpets in Eaker Hall, the Library, card room and billiards room will be cleaned. Those rooms will be closed Monday and reopen on Tuesday, Oct. 4.

FLU SHOTS: Most local pharmacies are offering free flu shots as the flu season begins. The Centers for Disease Control recommends that all adults receive them in addition to Covid-19 vaccinations and boosters. Some pharmacies are offering discount coupons for those who receive their shots.

LOST & FOUND: Two set of keys were found recently on the clubhouse grounds and are available at the board office. Anyone claiming

them should be able to describe their appearance and the types of keys in the sets. Other items recently turned in include jewelry.



PAPERBACK SECTION: Outside the Spring Knolls Library are four new bookcases with relatively new paperback books. You're welcome to take, and keep, as many as you'd like.



THAT'S A WRAP: (Clockwise) With a special cake, Boosters president Dorothy Vaughn thanks guests and workers at the final BBQ, Sept 2. (Below) Gloria Castenada (left) poses with Mary Lou Morgan, raffle winner of a painting she donated.



Spring Knolls Recipe Quest

No disguising this: Boosters Halloween event is *Souper!!*

See below for 3 tasty soups to be featured at the Oct. 29th party

Recipe Quest

This month, Recipe Quest and the Spring Knolls Boosters feature recipes for several soups that will be served at the popular Halloween Soup & Salad dinner / costume party on Oct. 29th in Eaker Hall.

Below are three tasty soup recipes. In future editions, we hope to add other soup recipes you can enjoy during the upcoming winter weather.

Tickets for the event, which also includes a costume party and dance, go on sale soon. (See insert and Booster president Dorothy Vaughn's column on page 5 for details). No tickets will be sold at the door.

Ham & White Bean Soup

From Jan Towers

"It's a delicious meal on a chilly winter evening served with cornbread."

Ingredients

- 1 ham bone (leave meat on bone while it cooks)
- 4 cups leftover ham
- 3 cans white beans
- 1 can garbanzo beans
- 2 cups celery
- 2 cups carrots
- 1 large onion finely chopped
- 3 cloves garlic finely minced
- 4 sprigs fresh thyme or 2 tsps. dry
- 1/4 cup fresh parsley or 1 tbsp. dry
- 8-9 cups chicken stock
- 1/2 tsp fresh ground pepper
- 1 tsp olive oil to sauté vegetables.

Directions

In a large pan heat oil and sauté celery, carrots, onions & garlic until tender.

Add chicken stock, ham bone & ham. Transfer to a larger pot if necessary.

Add beans, parsley, thyme, pepper. Bring to a boil, then reduce heat and simmer covered for 2 to 3 hours.

Chop large ham pieces, then serve.

Note: This recipe also works well in a slow cooker 6-8 hours on low.



Hearty Potato Soup

From Charlene Kirkwood

"This is a great recipe for cooler weather. I add bacon to make it even heartier!!"

Ingredients

- 6 potatoes, peeled and cut into 1/2 inch cubes (2-1/2 pounds)
- 2 medium onions, diced
- 2 carrots, diced
- 2 celery ribs, diced
- 2 (14-1/2 ounce) cans low-sodium fat-free chicken broth
- 1 tsp. dried basil
- 1 tsp salt
- 1/2 tsp pepper
- 1/4 cup all-purpose flour
- 1-1/2 cups fat-free half and half
- Italian bread bowls
- Garnish: fresh celery leaves.

Directions

Combine first 8 ingredients in a 4-1/2 quart slow cooker.

Cook, covered, at HIGH 3 hours or until vegetables are tender

Stir together flour and half-&-half; stir into soup. Cover and cook 30 minutes until thoroughly heated. Serve in Italian bread bowls. Garnish, if desired.

Black Bean Soup

From Lorraine Haber

Ingredients

- 2 tbsp. vegetable oil
- 1/2 cup chopped carrots
- 1/2 cup chopped celery
- 1/2 cup chopped onions
- 2 cans (10-oz each) chunky diced tomatoes
- 3 cans (15 oz each) ranch style brand black beans, undrained
- 1 cup (11 oz) Mexican style corn
- 1/4 cup fresh minced cilantro

Directions

Heat oil in Dutch oven over medium heat. Add carrots, celery and onion.

Cook about 15 minutes or until tender. Add remaining ingredients EXCEPT cilantro.

Heat to a boil; reduce heat & simmer 20 minutes, blend in cilantro; serve.

* * *

The following are **Boosters** and the soups they'll make for the Oct. 29 Halloween party. See more soup recipes in future Recipe Quest installments.

- **Julie Crespin** / Lentil Soup
- **Betty Dutton** / Meatball Soup
- **Lorraine Haber** / Black Bean Soup
- **Holli Hanson** / Barley Pea Soup
- **Karen Jacobs** / Southwestern Chicken Soup
- **Sharon Kilpatrick** / White Chili w/ Chicken Soup
- **Charlene Kirkwood** / Potato Soup
- **Mary Lou Morgan** / Chicken with Wild Rice & Mushrooms Soup
- **Jan Towers** / White Bean & Ham
- **Dorothy Vaughn** / Beef Soup
- **Diane Velazquez** / Chili

Boosters Bits

Next up? Halloween Party, Veterans Day lunch!



Dorothy Vaughn
Boosters president

The Boosters cannot thank all of you enough for all the support for our 2022 BBQ Season!!

You didn't know what to do with yourselves the last few Friday nights, did you!!!

Well, our Halloween party will be here before we know it. Wait until you get a taste of our soup makers' Homemade Soups!! See Page 4's Recipe

Quest for a few of the recipes to be featured on Oct. 29. Also see our flyer in this *Spring Knolls News*, and don't forget to call and order your tickets (by Oct. 22). They go fast, and no tickets will be sold at the door.

You don't want to miss out on all the fun, which includes dancing, a costume contest and a DJ. If you'd like a ride give me or Debbie Adelhelm a call and

we'll get you there (951) 696-0871 or (760) 717-9876. (Oh! We'll get you home too!)

Nov. 11 is Veteran's Day. We'll be honoring our Veterans and their guest, from Spring Knolls, Warm Springs and Golf Knolls. If you're new to any of the neighborhoods and not on our veterans list, please contact me or Jan Towers (951) 616-4443 or any board member.



Debbie Adelhelm
Alan Benoit
Rae Baker
Victoria Batarseh
Donna Bielski
Humberto Chavez
Betty Clugston
Sandy Coberly
Pat Collins
Dolores Coons
Myrtha De Leon

Dennis Dillon
Connie Donahue
Francoise Elias
Tim Ellis
Barbara Gilman
Ceida Gutierrez
Holli Hanson
Jennie Hartnett
Libby Hurlich
Bernil Ignacio
Margaret Johnston

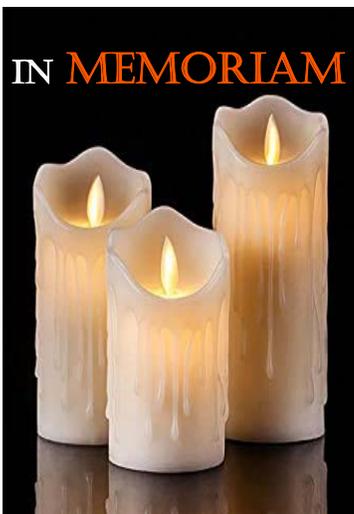
Doria Lore
Charles Ludwa
Bernadette Maietta
Frank Morgan
Hiram Negrete
Sunny Prohofsky
Manuel Ramos
Martha Reina
Tony Seeley
Gale Shelenberger



HAPPY ANNIVERSARY!

Ben and Rosa Andrade

Martin White & Melinda Shepherd



Norma Baron
(April 1933 - Oct. 2003)
Via Espalda

Glenda Sue Benson
(June 1949 - Oct. 2015)
Via El Avion

Maria Kuper Berridge
(April 1925 - Oct. 2013)
Via Princesa

Juanita June Dixon
(May 1934 - Oct. 2011)
Via Alegre

Russell Selmer Ellingson
(June 1930 - Oct. 2014)
Via El Pavo Real

Leonore Virginia Geier
(Feb. 1916 - Oct. 2010)
Via Princesa

Dorothy Celia Gordon
(Oct. 1918 - Oct. 2009)
Via Princesa

Lorraine L. Graham
(Dec. 1921 - Oct. 2011)
Via Escarlata

Bill Woodrow Gregg
(Nov. 1917 - Oct. 2005)
Via Amarilla

Michael Jos. Guglielmo
(March 1928 - Oct. 31, 2005)
Via Princesa

Herbert Bernard Groch
(Aug. 1925 - Oct. 2013)
Via Playa del Rey

Jacinto Armando Martos
(Nov. 1937 - Oct. 2015)
Calle de la Siesta

Robert Hargrave Ritchie
(Nov. 1931 - Oct. 2006)
Via La Rueda

Sharon Ann Roberts
(March 1939 - Oct. 2006)
Via La Calma

Terri Scheele
(Dec. 1935 - Oct. 10, 2017)
Calle de la Paz

Sidney Merrill Schindler
(Aug. 1921 - Oct. 2001)
Via Playa del Rey

Kenneth M. Slotnick
(April 1936 - Oct. 2015)
Via Norte Vista

Ed G. Snyder
(March 1916 - Oct. 2004)
Via Norte Vista

James Leonard Oddie
(Feb. 1926 - Oct. 2020)
Via Playa del Rey

Danny Wade Quinton
(March 1945 - Oct. 2012)
Calle de la Siesta

Joseph Barry Schwartz
(Dec. 1929 - Oct. 2012)
Via Alegre

John B. Tucker
(April 1921 - Oct. 2005)
Via Roja



SKERT (Spring Knolls Emergency Response Team)

10/20 Drill to simulate earthquake readiness, with aid to 'injured'

Hello all, big news in the SKERT world! We're performing a preparedness drill for the residents on Via La Espalda in October! And, no matter



Alan Hanson
SKERT chair

where you live in Spring Knolls, you're all invited!

We'll do a Drop, Cover & Hold On exercise to recognize ShakeOut day, which is Thursday, Oct. 20 at 10:20 a.m. (10/20 at 10:20).

Then we'll "pretend" an earthquake occurs on the Elsinore fault immediately afterward. SKERT Area Coordinators will jump in, perform search & rescue, help the "injured" and check for leaking gas lines. The ShakeOut drill will last a little more than an hour and a half.

On scene will be CERT evaluators (Ed Carey, Miguel Enriquez and Bonnie Casler) who will be monitoring the drill.

All Spring Knolls residents are en-

ShakeOut™

couraged to come to observe the drill on Via la Espalda. Although the drill begins at 10:20 a.m., we ask that you arrive no later than 10 a.m., and park on Via Princesa, if possible, and walk to the various drill sites on Via la Espalda (which is a cul de sac).

Afterward, we'll head to the clubhouse for a complimentary lunch in Eaker Hall (about noon) when the evaluators will go over how we did.

Finally, the October SKERT meeting will be held a week early, beginning at 5 p.m. on Wednesday, Oct. 5, in Eaker Hall. All are invited.

We'll be finalizing the ShakeOut scenario with some training, and Bonnie Casler will do a CERT review.

Area Coordinator Corner

Everyone has something to offer to help us be safe

Area Coordinators and members of SKERT (Spring Knolls Emergency Response Team) are very important residents in our community. You can be a SKERT member and not be an Area Coordinator because we need people for both teams.

In August, we had a block party on Via La Espalda (we'll be planning more for other areas). There, residents learned how to prepare for emergencies and "map" their neighborhood to learn the best ways to ensure everyone's safety.

Attendees said they learned how beneficial it is to have SKERT and Area Coordinators in Spring Knolls.

Please come to our monthly meetings or attend some of our activities so you can see first hand about us.

Many mistakenly feel they've nothing to offer but everyone can help others while helping themselves.

We have a BIG ShakeOut Drill on Oct. 20! I hope you'll come and see one of the many things we do within and for our community. See you there!!! We need and want you!!

-Cindy Woody

In the Know in Spring Knolls

Fairview Fire: A too-close blaze that got people going!

Last month I said August was quiet. September was so different.

Many things happened: Suspicious activity, solicitors, announcements about BINGO, SK BBQs, a heat wave, and, of course, the Fairview Fire.

That wildfire didn't reach Murrieta, but it could have if we'd received the forecasted Hurricane Kay winds. Thankfully, the storm's rain came about 12 hours earlier than expected.

Wildfires can move up to 14+ miles per hour and with high winds burning embers can travel even farther. A few residents were housing family/friends from French Valley. At one point fire officials were set to evacuate 22,000

Temecula residents.

The Murrieta Fire Department asked Alan and Holli Hanson and me to help establish an evacuation center at



Cindy Woody
e-mail blaster

Murrieta Mesa High in case one was needed. Then, the danger vastly improved.

I blast info to help people prepare, not to scare anyone. For a couple days, I monitored the situation around the clock for the latest facts.

Many people told me that for the first time they packed an emergency GO BAG, and now plan to keep it

ready, and they've also thought about where they'd go if evacuated.

Some people who thought they were signed up for blasts didn't receive them. Here's why. Months ago, I was hacked and had to create a new email, which meant everyone needed to re-join. Please do so ASAP at:

Intheknowsk2022@yahoo.com

I've also told people from the other units that our blasts are only for Spring Knolls. Perhaps they should consider their own alert systems. That said you may share any blasts you'd like with friends in the other units.

Finally, thanks to ALL who sent me thank you notes about our fire alerts.



By Holli Hanson

Every month I'll be interviewing new Spring Knolls residents. Hopefully, one day soon we'll be able to have an in-person orientation for all of them.

Readers, since we began this feature earlier this year, we've welcomed more than 60 new residents.

Join me in welcoming five more:

- **Nader and Victoria Batarseh**, 29148 Via Princesa, since July 2022.
From Dana Point, Nader is a semi retired

business owner. They have two sons.

- **Hifa Alnajjar**, 28857 Via Roja, since July 2022.

From Murrieta, Hifa is a business owner and is going to school to become a clinical psychologist.

She has two children and two grandchildren. She loves to swim and exercise.

- **Sandy and Dick Rasmussen**, 38651 Via Escarlata, since September 2022.

From Twin Bridges, Montana (pop. 330), Sandy is a retired benefit technician for the

City of Ventura; Dick is a retired machine shop owner.

They have a blended family with six children, six grandchildren and several great grandchildren. Dick loved to scuba dive and Sandy is a quilter. Together they loved to travel in their motor home. At one time they took to the road for two years.

*If you're new to our community and would like to be introduced in the Spring Knolls News, please call **Holli Hanson** at (661) 972-0799. Or, if you've met a new neighbor, call Holli with details so she can connect with them.*

Spring Knolls Free Classifieds

OAK ROLL TOP DESK: Beautiful condition with 12 drawers, two slide out platforms, inner drawers and nooks. **Asking \$125** or best offer. Buyer must arrange pickup. Call **Donna @ (951) 834-8133**.



ANTIQUE VANITY W/MIRROR: Mahogany vanity. Has some flaws, but in nice shape. Comes with original wooden caster wheels. 45" wide x 18" deep and 65" to top of mirror. **Asking \$75 or best offer.** Buyer must arrange pickup. Call **Donna @ (951) 834-8133**.



FREE TWIN BED: Pillow top twin bed, with box spring and frame. Like new, used only a couple times. Chiropractic twin, 74" X 38". Buyer must arrange pickup. Call **Donna @ (951) 834-8133**.



LOST CAT: "Pepper" has been missing since May 9 in the Calle de la Siesta area. She's black, very small, about 9 pounds and 2 years old. Call **Marianne @ (206) 290-8803**.



SEEKING A GOLF CART: \$1,600 - \$2,000, 48-volt, 4 seats. Call **Sandra Bright @ (951) 443-5083**.

HAIR CUTS / BEAUTY SERVICES: Offering hair cut and other beauty services in your home for your convenience (female & male). I'm a licensed cosmetologist with more than 18 years' experience. Call **Nancy (951) 414-9554**

CAREGIVER: I am an experienced caregiver living in the Spring Knolls neighborhood. I have worked for clients privately and through agencies, including IHSS (In Home Supportive Services), through the County of Riverside, where I am registered with a background check. I can provide services such as shopping, meal prep, laundry, light housekeeping, medication management, etc. Please call or text me. Call **Kathy Osborne @ (661) 755-1422**.

ELECTRIC STOVE: Brand new Frigidaire 30-inch drop-in stove top for sale. **Asking \$300 or best offer.** Call **Steve Lopez at (626) 622-4552**.



HANDYMAN: Repair appliances, yard, electric, plumbing, /driving service, to doctors, store Call **Steve Lopez @ (626) 622-4552**

Spring Knolls News Classifieds

If you have items to sell, wish to buy, or you are offering or seeking a service, email your ad(s) to the **Spring Knolls News** at tscjnews@gmail.com by the 15th of the month or send a copy of your ad to **38441 Via Paloma, Murrieta, CA 92563**.



Did you know how close September's Fairview Fire was to Murrieta, and you might have needed to evacuate? No? Then you missed many vital blasts from Cindy Woody. Join **In the Know in Spring Knolls**, your **free** email alert service! Intheknowsk2022@yahoo.com



Gotcha!

How to stop ‘ankle biters’

If you live in Riverside County, which everyone in Spring Knolls does, then you likely have walked outside from time to time and wondered why a few minutes (seconds) later you began scratching your legs...your arms...your hands and, well lots of places. Yeah, like your ankles.

You can thank the *Aedes mosquito*, a relative newcomer to our area and 12 other California counties. Since they found their way here from abroad about 10 years ago, these tiny critters have grazed on our blood supply to such an extent that they've become widely known as "ankle biters." Unlike other mosquitoes, these aggressive guys like to bite during the day. So far, they haven't been blamed for any disease spread in California, but some varieties have infected people with yellow fever, dengue, chikungunya and the Zika virus.

Stopping their spread is not easy. Unlike other mosquitoes, their eggs last longer and in less than a week can hatch and begin biting you. They can be laid not only on standing water supplies, but also on plant trays containing a small amount of water. If you're collecting rain water during this drought, make sure it's covered at all times.

Experts say you should rid your yards of plant saucers, and empty water sources such as birdbaths and backyard fountains.

And, make sure you have plenty of repellent containing ingredients such as DEET, picaridin, oil of lemon eucalyptus, para-menthane-diol, 2-undecanone or IR3535.

Also, when outside, wear long sleeves and pants, and put screens on your windows.



What's up in Spring Knolls?

UPCOMING EVENTS ... MARK YOUR CALENDARS

WHAT?	WHEN?	WHERE?	WHO?
SKERT ShakeOut	10:20 a.m. – 1 p.m.; Thurs., Oct. 20	Via la Espalda; Eaker Hall	Alan Hanson, (714) 493-1709; Cindy Woody, (319) 239-7797
HOA General mtg., candidate introductions	1 p.m. Oct. 22, 2022	Eaker Hall	Any board member (See list, Page 2)
Soup/Salad Halloween party	5 - 9 p.m.; Oct. 29, (\$10 advance tickets)	Eaker Hall	Holli Hanson, (661) 972-0799 Jan Towers, (951) 616-4443
Veterans tribute (Boosters)	Veterans Day, noon, Nov. 11	Eaker Hall	Dorothy Vaughn, (951) 696-0871
Christmas / Holiday party	Dec. 3; 4 to 7 p.m.	Eaker Hall	Dorothy Vaughn, (951) 696-0871 (Free, hosted by Boosters)

ONGOING GROUP, BOARD, TEAM EVENTS

Best Years (formerly Singles)	11:45 a.m. - 2:15 p.m. (1st Wednesdays)	Eaker Hall	Doreta Kempton, (951) 696-6877
Boosters	10 a.m. - noon (2nd Wednesdays)	Eaker Hall	Dorothy Vaughn, (951) 696-0871
SK Emergency Response Team	6 p.m. (Oct. 5)	Eaker Hall	Alan Hanson. (714) 493-1709
SK Board Monthly meeting	9:30 a.m. (3rd Wednesdays)	Eaker Hall	Any board member
Bible Study	10 a.m. - noon; (Tuesdays)	Eaker Hall	Mellie Villarreal, (951) 442-5052
Bingo	1 - 4 p.m.	Eaker Hall	Debby Adelhelm, (760) 717-9876

What's open & when

Office Open: Fridays - Oct. 7, 14, 21, 28.
9:30 a.m.-noon

- Clubhouse Hours, 8 a.m. - 8 p.m. Daily. Gym, library, main swimming pool, Jacuzzi (18+) billiards room. Residents must accompany guests. Masks are not required, see below. Small pool open to residents & guests 18 and younger. Large pool open to those older than 18.

To access the billiards room, you must be at least 18. Contact Facilities Director Ron Sieber at (951) 541-6276 for more information.

- Showers: Showers now available
- Eaker Hall: Open for gatherings. Masks are highly recommended by the Calif. Dept. of Health for everyone indoors.



Wish lists are made in Spring Knolls to help our community improve without spending a lot of money — or any for that matter — doing it. Here are things the clubhouse could use.

For the gym: Do you have any free weights you aren't using? Or various exercise equipment for your hands? How about push up bars or wheel roller kits?

For the library: We're always looking for Large Print books to augment our collection. And, now that we have a large collection of DVDs, how about a DVD player you're no longer using? Why not donate it, so we can lend it to someone who can enjoy movies from our collection?

Spring Knolls Association

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