

WARM SPRING KNOLLS WSK

A 55+ Community

Community Newsletter

November 2023

CONTACT INFO:

38145 Via Del Largo
Murrieta, CA 92563
Office: (951) 677-5758
wsk.murrieta@gmail.com

OFFICE HOURS:

Fridays - 9am to 12pm

ANNUAL MEETING
January 27, 2024
Voting 12pm - 2pm
Meeting at 3pm

2023 BOARD OF DIRECTORS

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Tom Woolslayer
951-252-5652

Vice President

Rick Martinez
559-816-9240

Treasurer

Joanne Marsh
714-401-7648

Secretary

Sherry Tatar
951-536-4604

Architectural Director

Henry Kantrowitz
951-202-1130

Facilities Director

Nancy Misko
805-268-0523

Keys & Calendar

Debra Clark
562-322-7727

Police (non-emergency)
(951) 304-2677

Waste Management
(Trash bin replacement)
(714) 558-7761

A NOTE FROM OUR PRESIDENT - TOM WOOLSLAYER



I was very impressed with our quarterly membership meeting. I'm so encouraged to see all of you participating and caring about our community. Announcements included a great budget presentation by Joanne. A quick thank you to my fellow board members for picking up additional responsibilities with James stepping down, especially Nancy Misko and Sherry Tatar.

Annual dues will be changing to \$1140 per year, or \$95 monthly as explained at the meeting. This is necessary to keep up with the significant increases in costs and maintenance. If you have questions, please contact the board or come to the board meetings. We are going to monthly meetings starting in November.

The suggestion box has been used by a couple individuals, I urge you to use it. I am checking the box weekly and if you want a direct response I will be happy to contact you after I bring your suggestion to the board.

Lastly, I'm so happy to see the clubhouse being utilized by many groups. Bunco, chair exercises and line dancing classes every week are awesome!! If you have a group or idea for a class, please let us know. Maybe a painting class, or scrapbooking, we don't have anything like those. Anyone want to host one? Please contact me or any board member and let us know.

WE LIVE IN A BEAUTIFUL COMMUNITY - JENN

Last weekend I attended a women's conference at the Murrieta Hot Springs Resort. While it's not open to the public until February, they are allowing small conferences to rent their basic facilities. It was a really nice event and a foreshadow of things to come. They have a lot of construction still going on, so I'm sure these next few months are going to be crucial for them to pull everything together before their grand opening. I'm sure many are looking forward to being able to walk down to the facilities, restaurants, fitness classes, over 50 pools and the coffee shop while enjoying their beautiful grounds! I recently saw an ad that rooms will be between running between \$399-\$800. I'll be very interested to see how rates like that are received in this economy. If well, we could have a lot of well to do folks visiting our side of town. I just checked out their employment section and they have over 29 jobs listed if you're looking for work! At least the commute would be short! :-)

2023 VOLUNTEERS

Activities

Sherry Tatar
951-536-4604

Audit Committee

Open Position

Clubhouse Rental

Debra Clark
562-322-7727

Compliance Officer

Open Position

Emergency Prep

Open Position

Library

Pierce & Norma Box
951-696-1070

Newsletter

Jenn Rawlings
760-884-7064

Senior Advocate

Shelby Price
951-461-7557

Streets/Infrastructure

Website

James Sebring
760-294-1122

Welcome Committee

Terry Quinn
541-788-8293

Joanne Marsh
714-401-7648

ALLIANCE Association Management

42111 Avenida Alvarado,
Suite E2
Temecula, CA 92590
951-412-1662

Newsletter comments:

Email Jenn at:

newsletter.wsk@gmail.com

QUARTERLY MEETING



WSK MEETINGS

Monthly Board Meetings

November 14, 5PM

ANNUAL MEETING

January 27, 2024

Voting 12pm - 2pm

Meeting at 3pm

WSK HOA FINANCIALS

YTD as of End of September 2023

Operating Account: \$20,124.68

Reserve: \$142,359.50

CD: \$130,263.51

ACTIVITIES COMMITTEE - SHERRY

Thank you to all our friends and neighbors that came and celebrated harvest time with us on Wednesday the 25th. It was a very nice evening... friends from all three units. Our next event will be Saturday, December 2nd to celebrate our winter holiday. More information will be coming by flyer in the near future. Keep your eyes open for when it comes your way.



KEYS & CALENDAR - DEBRA

Thanksgiving, what does it mean to you? For me, it means I am so thankful to still have my husband with us. I did not think I would have time to do an article this month, but I do have some time now. On November 11th my husband had an episode that ended with him in emergency at Rancho Springs for 36 hrs, then it was off to Temecula Valley Hospital for further tests. After waiting for 3 days, on Oct 16th he had open heart surgery, triple bypass. That's why you haven't seen him around the clubhouse helping out lately. We are so thankful for the mighty healer that we are so blessed to have in our life. All the credit goes to Him!!!! So thankful for everybody that had their hands on my husband and helped him to recover and get back home. Now it's my turn, and I am so glad I get to take care of him. We look forward to getting back to normal around here. He is looking forward to getting back in the mix of everything going on at the Clubhouse. You will see him a little bit more each day. So Thankful!!!!



Have a very Thankful Thanksgiving, enjoy whatever you do and make the most of it. Please don't take anything for granted, because you never know what will happen next in your life. :)

WELCOME COMMITTEE – TERRY AND JOANNE

This month please help us welcome Bill & Pat Mansfield. They moved into 38167 Via del Largo about a month ago and are proving to be great people. Please say hello and introduce yourselves as you walk by and see them hauling around boxes and getting settled in. Pat was a librarian and is now an artist using various media (beautiful work). Bill was a college teacher and developed the Real Estate training program "1st Tuesday". He is also a mystery writer under the name of Alex Wright. How fun! Let's give them a WSK Welcome.



A NOTE FROM OUR TREASURE - JOANNE

Hi Everyone, We just had our Quarterly Membership Meeting on October 21. What a great turn out and we thank you.



I presented the approved 2024 Budget and what needs to be done to achieve it.

Thank you so much to the budget committee for giving your time and knowledge to complete the report.



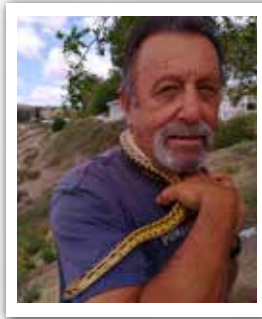
DAYLIGHT SAVING TIME

The official time to set clocks to standard time is 2am Nov. 5, but many will change the time on their devices before going to bed on Saturday. This means we gain an hour of sleep, but sadly, we also lose an hour of sunshine. That means for those of us that work a 9-5 job, when we get home, it will be completely dark.

Daylight saving time is scheduled to return Sunday, March 10. 19 states have either enacted legislation or passed resolutions to stick to daylight saving time year-round, but implementing this change would require an update to federal law. Under the Uniform Time Act, states can either observe daylight saving time as currently practiced or stay on standard time year-round — meaning there's no easy shortcut for a permanent shift forward.

NOVEMBER GARDENING - HENRY

November is the time of year to sow wildflower seeds and plant California native plants. It is also the time to cut back tropical milkweed down to an inch or two, since it doesn't die back like native milkweeds. It is time for monarch butterflies to head for the coast and leave our area.



California native and Southwest Wildflower seeds need to go through the winter on or in the ground so as to experience the full effect of winter which helps them to germinate more effectively in Spring. Wildflower seeds like California Poppy and others will benefit from this. I usually use a hand held three prong cultivator or for bigger areas one with a long handle. I till the soil and put the seeds down and cover them with about 1/4 inch of soil. If you have a gravel front yard, you can just throw the seeds over the gravel and let them fall in between the gravel. The birds generally won't get to them.

This is also the best time to plant California Native plants. It gives them time to adjust and spread their root system before summer arrives. A few California natives may die back and go dormant in the ground but will reemerge strong in spring, like native milkweeds do. This is the best time to plant them.

If you care to see a small milkweed garden there is one on the canyon side of Via La Colina with a small white 8" fence around it. I will be adding more milkweeds next month. There are also some planted down in the canyon below the five large locust trees on the canyon side of Via La Colina across from my house. My father and I planted those five large locust trees about 45 years ago as seedlings.



What kind of music did the Pilgrims listen to? Plymouth Rock of course.



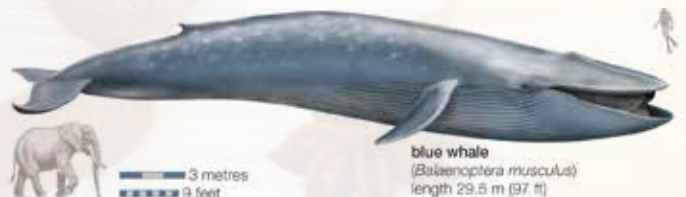
REASONS NOT TO USE RAT POISON - HENRY

Most of us are unaware that we have kangaroo rats in our area as well as the roof rats. Kangaroo rats are a very cute native threatened species and only feed on seed. I have caught several and released them into the canyon. When you use rat poison, which is also referred to as a rodenticide, it doesn't kill the mouse or rat quickly. Instead, these poisons typically take a few days to finish off the rodent while it slowly dies a horrible death. During this time, when the mouse is alive but is on its way to death, it is still actively running around. But, as the poison continues to take effect, it starts to slow down and act quite dazed and lethargic. Over the few days that the mouse is dying, it makes an easy meal for predators! Unfortunately, the predator now has rat poison in its body which will cause its death. All hawks and owls are susceptible. In fact, owls are hit especially hard since their diet isn't as varied as other raptors and consists of mostly rodents. It's not just birds of prey that are dying. Poisoned rats also make easy meals for foxes, bobcats, raccoons, skunks and many other predators and scavengers. In addition, your pets and your neighbor's pet dog or cat are also in danger when rat poison is used. Lastly, dead rats can carry diseases (and so do flies that feed on them).

There are countless traps out there that kill rodents instantly. And you can dispose of the mouse yourself, so it doesn't die somewhere inside or under your house. There also many live traps to capture mice and rats and you can relocate them to a place where they won't bother people. Call me and I will relocate them for you. If you have any questions feel free to call me.

TRIVIA BY HENRY

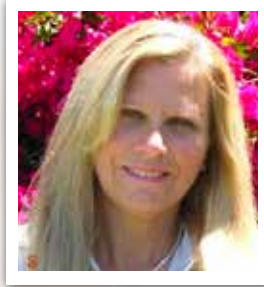
The blue whale is the largest animal to ever live on earth. Do you know how much its tongue weighs? The tongue weighs the equivalent of an elephant over three tons. Remarkable!



FACILITIES UPDATE - NANCY

Happy November!

As we roll into cooler fall and winter months, the pool will definitely see less use and as of November 6, the pool heater will be turned off. The jacuzzi will still be available throughout the year with the hours of 9 am to 9 pm.



I just want to remind residents that my pool spa/ bathroom closers need to have the doors locked right at 9 pm, so please be courteous with Dwayne and Amparo and thank them for the wonderful job they do every night for all of us here at WSK. It takes volunteers to make this place run smoothly. I also want to thank Craig Coffey for his service of opening the spa and extra handyman work over the last couple years.

As we get into cooler months, I will try to get the picnic table sanding and painting project started and will need help with sanding. I will put out a blast that will notify all of the dates.

As we move forward, we are still in the process of choosing a bathroom contractor for the remodel project and are also looking at some other options to keep the costs down.

We have finished the electrical updates to the clubhouse and had the roof inspected so we are in good shape for a few years. The roof needs some minor scupper adjustments which we hope to fix before the big El Nino rains.

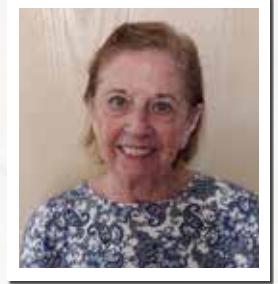
Thank you everyone for keeping our pool area looking good this summer. I try to wash down the decking and furniture once a week and line up the chairs.

I also want to wish Ray Clark, my Facilities Assistant a very speedy recovery from his major heart surgery a few weeks ago. He is doing great and if you see him out and about, he is slowly but surely trying to get back to his "new" self. Please wish him well!

Happy Thanksgiving!

POSITIVITY TIPS - SHELBY

Keep a thought journal to track negative beliefs that you need to change. If you have trouble identifying your negative thoughts, start a thought journal. Write down the way you perceive yourself and record all your opinions.



Reflect on your notes to learn about where you may need **to bring more positivity to your life.**

Use positive self-talk to quiet your inner critic.

When you hear a negative voice in your head or write a critical remark in your thought journal, take a pause, and substitute it for an upbeat and optimistic comment. Check out these swaps for inspiration.

Point out the positive outcomes from life

challenges. Keep moving forward and avoid focusing on how difficult life can be. If you encounter an obstacle, think of it as an opportunity for adventure or creativity. Visualize your future and how you will improve every time you overcome a stressful situation.

Keep a gratitude journal to avoid focusing on

problems. Express what you are appreciative about in a journal, letter, or word doc. When you work on your gratitude journal be as descriptive as you can and explain exactly why you are grateful for specific people or moments.

Choose to react positively to feel empowered by

your actions. Maintain an upbeat attitude even in a frustrating situation. Focus on how much you will benefit from calmness and friendliness. Whenever you are stressed, react with grace and good energy.

Work on what you can control.

When you strive to be confident, you are more likely to tackle tasks with a great attitude and a lot of focus, then you will eventually accomplish your goals.

Avoid media that triggers negative thinking.

If any forms of media make you doubt yourself or feel bad about your appearance, ignore them, and redirect your focus. Even temporary exposure to images of "ideal" people has been shown to negatively impact self-esteem.

MEET YOUR NEIGHBOR & NEWSLETTER DESIGNER - JENN RAWLINGS

My husband Chip and I moved here in June of 2022. We love it! It's peaceful and quiet, we have a good sized yard where we can plant lots of flowers and enjoy the view of the canyon, we're close to work, and we adore



our neighbors! My name is Jenn. I'm a Graphic Designer and work full time at Omega Print in Murrieta. I also run a side graphic design business and memory preservation business from home. My husband Chip is a Manager at Plaza Dental Group here in Murrieta and has worked for the same dental company (though at different offices) for over 20 years. He was recently gifted a week in Hawaii for his hard work over the years!

We have been married for 6 1/2 years. We love to hike in the mountains; he's a peak climber, whereas I'm in it for the beauty. We try to compromise by finding a bit of both when we plan our hikes! He also walks around our neighborhood, covering up to 4-6 miles through our streets early in the mornings! Chip is a musician and currently plays worship music for our local Calvary Murrieta Men's Group as well as for Celebrate Recovery. I've been involved in Prison Ministry in San Diego. I moved here two years ago, but Chip spent a good amount of time in Murrieta raising his son and daughter who are now 26 and 23. I've got one 21 year old son myself.

In my spare time I'm either planting flowers, picking weeds, fighting with gophers, sipping a cup of coffee enjoying my yard and the birds that visit, coming up with new crafting ideas or working on our WSK newsletter. Chip loves to chill up at the pool on warm days or think of new projects to build for his needy wife.

My goal for this next year is to make our front yard look more inviting. Say hi if you happen to see us out front! We'd love to make some new friends here!



Hike to Inspiration Point, San Gabrielle Mountains

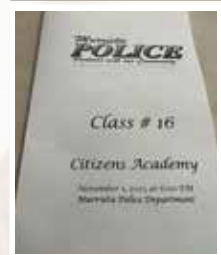
MURRIETA POLICE DEPARTMENT'S CITIZEN ACADEMY - KEN MARSH

I just graduated from the Murrieta Police Department's Citizen Academy last night. The class was 12 weeks in length, on Wednesday nights. It was an incredible experience and one I will remember for a long time.



It gave me a better insight as to how wonderful our Murrieta Police Department is and how lucky we are to have the Officers and staff that we have. They all are really committed to making our community a safe and secure place to live. I was impressed with every single instructor, Officer, and staff I met during the class, including my fellow citizens. The Police Chief, Tony Conrad, came to several of our classes and reiterated his commitment to making our city a safe place for everyone. His Officers and Staff reinforced the same commitment during their portion of the class. The class covered all aspects of the Police Department including, but not limited to Records, Dispatching, K-9's, Swat, volunteers, Explorers, vehicles, Detectives, and Patrol.

I would highly recommend this class to all citizens of Murrieta.



THEY CALL US "THE ELDERLY"

We were born in the 40-50-60's.

We grew up in the 50-60-70's.

We studied in the 60-70-80's.

We were dating in the 70-80-90's.

We got married and discovered the world in the 70-80-90's.

We venture into the 80-90's.

We stabilize and got wiser in the 2000's.

And we are going firmly through and beyond 2020.

Turns out we've lived through EIGHT different decades...

TWO different centuries... TWO different millennia...

We have gone from the telephone with an operator for long-distance calls to video calls to anywhere in the world.

We have gone from slides to YouTube, from vinyl records to online music, from handwritten letters to email and Whats App.

From live matches on the radio, to black and white TV, color TV and then to 3D HD TV.

We went to the Video store and now we watch Netflix.

We got to know the first computers, punch cards, floppy disks and now we have gigabytes and megabytes on our smartphones.

We wore shorts throughout our childhood and then long trousers, Oxfords, flares, shell suits & blue jeans.

We dodged infantile paralysis, meningitis, polio, tuberculosis, swine flu and now COVID-19.

We rode skates, tricycles, bicycles, mopeds, petrol or diesel cars and now we drive hybrids or electric.

Yes, we've been through a lot but what a great life we've had!

They could describe us as "exennials"; people who were born in that world of the fifties, who had an analog childhood and a digital adulthood.

We've kind of "Seen-It-All"!

Our generation has literally lived through and witnessed more than any other in every dimension of life.

It is our generation that has literally adapted to "CHANGE".

A big round of applause to all the members of a very special generation, which will be UNIQUE.

Veterans ★ Day ★

**Thank you for your courage,
dedication, and hard work.
And thanks to the military
families for their support,
resilience, and sacrifice.**



MONTHLY BUNCO

Anyone interested in playing Bunco? Once a month we have Bunco at 6:00 p.m. in the clubhouse. We are currently full, but are looking for substitute players who may become permanent players if so desired. It is open to male and female players and costs \$10 a game. We all get together and share a dish or snack. Come join us for a night of fun. Please contact Linda Wilson if you would like to get on the list, 916-956-5292.



Happy Thanksgiving

*****NEW*** WSK MONTHLY BUSINESS CARD SIZED ADS**

PERSONAL MESSAGE - \$25/MONTH

BUSINESS POSTINGS - MONTHLY / \$40 - 6 MONTH COMMITMENT \$30 / MONTH

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\$160,000	16,000	80,000	32,000	100,000	1,000	\$437
\$180,000	18,000	90,000	36,000	100,000	1,000	\$487

CA license 0D50865 Rates are examples of replacement cost on newer manufactured homes in most CA parks with a \$500 deductible.



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WSK CLUBHOUSE CALENDAR

November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Sunday Bible Study, 10-11am at the GK Club House - Tim & Doreen 951-304-3569 Non Denominational All Units Welcome</p>						<p>FALL BACK SET YOUR CLOCKS BACK 1 HOUR</p>
5	6	7	8	9	10	11
Chair Exercise 10:30-11:30AM	Line Dancing 11:30AM-1PM Card Games 1-4pm	Chair Exercise 10:30-11:30AM	Chair Exercise 10:30-11:30AM Mexican Train 1-4 PM	TRASH	HOA OFFICE HOURS 9-12 DEBRA SKA Vets Lunch 11:30am	Veterans Day
						
12	13	14	15	16	17	18
Chair Exercise 10:30-11:30AM	Line Dancing 11:30AM-1PM Board Meeting 5pm	Chair Exercise 10:30-11:30AM	TRASH & RECYCLE	HOA OFFICE HOURS 9-12 HENRY		
19	20	21	22	23	24	25
Chair Exercise 10:30-11:30AM	Line Dancing 11:30AM-1PM Card Games 1-4pm	Chair Exercise 10:30-11:30AM Mexican Train 1-4 PM	THANKSGIVING	TRASH & RECYCLE	TRASH HOA OFFICE HOURS 9-12 RICK	
26	27	28	29	30		
Chair Exercise 10:30-11:30AM	Line Dancing 11:30AM-1PM	Chair Exercise 10:30-11:30AM	TRASH & RECYCLE			
	November's Birthstone Topaz and Citrine		November's Flower Chrysanthemum			<p>Want to rent the WSK Clubhouse? Call Debra at 562-322-7727</p>



#Warm Spring Knolls Community
#WSK Buy, Trade & Sell



#WarmSpringKnollsHOA



www.theknolloffmurieta.org